





IFOS Product Report

Product Name:	Super Omega-3 EPA DHA
Product Type:	Ultra Refined
Product Availability:	USA
Product Summary  	<p>Life Extension Super Omega-3 is a clean and highly concentrated omega-3 fish oil product. Each 1000 mg sample contains a minimum 60% omega-3 concentration as combined EPA and DHA, as well as polyphen-oil™ olive fruit extract and sesame seed lignin extract.</p> <p>This product receives a FIVE out of FIVE Star IFOS rating based on the following criteria:</p> <ul style="list-style-type: none"> ★ Omega-3 Concentration Consistent with Label – YES ★ Passes IFOS Oxidation standards – YES ★ Passes IFOS PCB, PCDD/F standards – YES ★ Passes IFOS Heavy Metal standards – YES ★ Passes all IFOS testing categories – YES
Batch/Lot #:	C1802693
Expiry Date:	10/2020
Recommended Daily Allowance:	Take two softgels twice daily with meals or as recommended by a healthcare practitioner
Company Name:	Life Extension
Company Phone:	Toll Free 1-800-544-4440
Company Website:	http://www.lifeextension.com

The IFOS™ Program is provided exclusively by Nutrasource Diagnostics Inc.

120 Research Lane, Suite 203 | University of Guelph Research Park | Guelph, ON CANADA N1G 0B4

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Category 1: Potency Omega-3 content vs. product label claim	Specification mg per cap	Batch Results mg per cap	IFOS Compliance
EPA	175	191	Yes
DHA	125	144	Yes
Total Omega-3	300	397	Yes

Category 2: Purity, Safety & Cleanliness	IFOS Standards	Batch Results	IFOS Compliance
PCBs	< 45 ppb	5.55 ppb	Yes
Dioxins and Furans	< 1 ppt	0.172 ppt	Yes
Dioxin-Like PCBs	< 1.5 ppt	0.272 ppt	Yes
Radioactivity	<= 50 bq/kg	< 30 bq/kg	Yes

Category 3: Stability	IFOS Standards	Batch Results	IFOS Compliance
Acid Value	<= 3 KOH/g	0.4	Yes
Peroxide	<= 5 meq/kg	0.94 meq/kg	Yes
Anisidine	<= 20	2.71	Yes
Total Oxidation	<= 19.5	4.59	Yes

Category 4: Heavy Metals	IFOS Standards	Batch Results	IFOS Compliance
Mercury (Hg)	<= 0.1 ppm	< 0.02	Yes
Cadmium (Cd)	<= 0.1 ppm	< 0.02	Yes
Lead (Pb)	<= 0.1 ppm	0.03	Yes

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Total Arsenic (As)	<= 0.1 ppm	< 0.03	Yes
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