



# IFOS Product Report

<b>Product Name:</b>	Super Omega-3 EPA DHA
<b>Product Type:</b>	Ultra Refined
<b>Product Availability:</b>	USA
<b>Product Summary</b>  	<p>Life Extension Super Omega-3 is a clean and highly concentrated omega-3 fish oil product. Each 1000 mg sample contains a minimum 60% omega-3 concentration as combined EPA and DHA, as well as polyphen-oil™ olive fruit extract and sesame seed lignin extract.</p> <p>This product receives a FIVE out of FIVE Star IFOS rating based on the following criteria:</p> <ul style="list-style-type: none"> <li>★ Omega-3 Concentration Consistent with Label – YES</li> <li>★ Passes IFOS Oxidation standards – YES</li> <li>★ Passes IFOS PCB, PCDD/F standards – YES</li> <li>★ Passes IFOS Heavy Metal standards – YES</li> <li>★ Passes all IFOS testing categories – YES</li> </ul>
<b>Batch/Lot #:</b>	C1802616
<b>Expiry Date:</b>	07/2021
<b>Recommended Daily Allowance:</b>	Take two softgels twice daily with meals or as recommended by a healthcare practitioner
<b>Company Name:</b>	Life Extension
<b>Company Phone:</b>	Toll Free 1-800-544-4440
<b>Company Website:</b>	<a href="http://www.lifeextension.com">http://www.lifeextension.com</a>

The IFOS™ Program is provided exclusively by Nutrasource Diagnostics Inc.

120 Research Lane, Suite 203 | University of Guelph Research Park | Guelph, ON CANADA N1G 0B4

[www.ifosprogram.com](http://www.ifosprogram.com) | [ifos@nutrasource.ca](mailto:ifos@nutrasource.ca)

[www.ifosprogram.com](http://www.ifosprogram.com)



[facebook.com/ifosprogram](https://facebook.com/ifosprogram)



[@IFOS\\_Program](https://twitter.com/IFOS_Program)



# IFOS Product Report

<b>Category 1: Potency</b> Omega-3 content vs. product label claim	<b>Specification</b> mg per cap	<b>Batch Results</b> mg per cap	<b>IFOS Compliance</b>
<b>EPA</b>	175	200	Yes
<b>DHA</b>	125	143	Yes
<b>Total Omega-3</b>	300	410	Yes

<b>Category 2: Purity, Safety &amp; Cleanliness</b>	<b>IFOS Standards</b>	<b>Batch Results</b>	<b>IFOS Compliance</b>
<b>PCBs</b>	< 45 ppb	6.62 ppb	Yes
<b>Dioxins and Furans</b>	<12 ppt	0.218 ppt	Yes
<b>Dioxin-Like PCBs</b>	< 1.5 ppt	0.244 ppt	Yes
<b>Radioactivity</b>	<= 50 bq/kg	< 30 bq/kg	Yes

<b>Category 3: Stability</b>	<b>IFOS Standards</b>	<b>Batch Results</b>	<b>IFOS Compliance</b>
<b>Acid Value</b>	<= 3 KOH/g	0.3	Yes
<b>Peroxide</b>	<= 5 meq/kg	1.02 meq/kg	Yes
<b>Anisidine</b>	<= 20	2.74	Yes
<b>Total Oxidation</b>	<= 19.5	4.78	Yes

<b>Category 4: Heavy Metals</b>	<b>IFOS Standards</b>	<b>Batch Results</b>	<b>IFOS Compliance</b>
<b>Mercury (Hg)</b>	<= 0.1 ppm	<0.005	Yes
<b>Cadmium (Cd)</b>	<= 0.1 ppm	<0.01	Yes
<b>Lead (Pb)</b>	<= 0.1 ppm	<0.02	Yes
<b>Total Arsenic (As)</b>	<= 0.1 ppm	<0.05	Yes

The IFOS™ Program is provided exclusively by Nutrasource Diagnostics Inc.

120 Research Lane, Suite 203 | University of Guelph Research Park | Guelph, ON CANADA N1G 0B4

[www.ifosprogram.com](http://www.ifosprogram.com) | [ifos@nutrasource.ca](mailto:ifos@nutrasource.ca)

[www.ifosprogram.com](http://www.ifosprogram.com)



[facebook.com/ifosprogram](https://facebook.com/ifosprogram)



[@IFOS\\_Program](https://twitter.com/IFOS_Program)