



# IFOS Product Report

<b>Product Name:</b>	Prenatal DHA												
<b>Product Type:</b>	Ultra Refined												
<b>Product Availability:</b>	USA, Canada												
<p><b>Product Summary:</b></p> <p><b>Supplement Facts</b></p> <table border="1"> <thead> <tr> <th colspan="2">% Daily Value*</th> </tr> </thead> <tbody> <tr> <td>Total Omega-3s</td> <td>100%</td> </tr> <tr> <td>EPA</td> <td>25%</td> </tr> <tr> <td>DHA</td> <td>75%</td> </tr> <tr> <td>Total Omega-3s (as triglycerides)</td> <td>100%</td> </tr> <tr> <td>Other Ingredients</td> <td>100%</td> </tr> </tbody> </table> <p>*Percent Daily Values are based on a diet of other people's secrets.</p>	% Daily Value*		Total Omega-3s	100%	EPA	25%	DHA	75%	Total Omega-3s (as triglycerides)	100%	Other Ingredients	100%	<p>Whole Foods Market Prenatal DHA is a clean and highly concentrated fish oil product. Each capsule contains purified omega-3 fatty acids EPA and DHA. This product receives a FIVE out of FIVE Star IFOS rating based on the following criteria:</p> <ul style="list-style-type: none"> <li>★ Omega-3 Concentration Consistent with Label – YES</li> <li>★ Passes IFOS Oxidation standards – YES</li> <li>★ Passes IFOS PCB, PCDD/F standards – YES</li> <li>★ Passes IFOS Heavy Metal standards – YES</li> <li>★ Passes all IFOS testing categories – YES</li> </ul>
% Daily Value*													
Total Omega-3s	100%												
EPA	25%												
DHA	75%												
Total Omega-3s (as triglycerides)	100%												
Other Ingredients	100%												
<b>Batch/Lot #:</b>	0815RD5052931												
<b>Expiry Date:</b>													
<b>Recommended Daily Allowance:</b>	Two softgels daily with food												
<b>Company Name:</b>	Whole Foods Market												
<b>Company Phone:</b>													
<b>Company Website:</b>	<a href="http://www.wholefoodsmarket.com">http://www.wholefoodsmarket.com</a>												

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Category 1: Potency	Concentration	Batch Results	IFOS Compliance
<b>EPA</b>	45 mg / softgel	65 mg / softgel	YES
<b>DHA</b>	225 mg / softgel	234 mg / softgel	YES
<b>Total Omega-3</b>	290 mg / softgel	348 mg / softgel	YES

Category 2: Purity, Safety & Cleanliness	Standard Limit	Batch Results	IFOS Compliance
<b>PCBs</b>	< 45 ppb	0.050 ppb	YES
<b>Dioxins and Furans</b>	< 1 ppt	0.793 ppt	YES
<b>Dioxin-Like PCBs</b>	< 1.5 ppt	0.057 ppt	YES
<b>Radioactivity</b>	<50 bq/kg	<10 bq/kg	YES

Category 3: Stability	Standard Limit	Batch Results	IFOS Compliance
<b>Anisidine</b>	<20	15	YES
<b>Peroxide</b>	< 5 mEq/kg	0.9 meq/kg	YES
<b>TOTOX</b>	< 19.5	16.8	YES
<b>Acid Value</b>	< 3.0 mg KOH/g	1.18 mg KOH/g	YES

Category 4: Heavy Metals	Standard Limit	Batch Results	IFOS Compliance
<b>Mercury (Hg)</b>	< 0.1 ppm	< 0.005 ppm	YES
<b>Lead (Pb)</b>	< 0.1 ppm	< 0.02 ppm	YES
<b>Inorganic Arsenic (As)</b>	< 0.1 ppm	< 0.05 ppm	YES
<b>Cadmium (Cd)</b>	< 0.1 ppm	< 0.01 ppm	YES

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