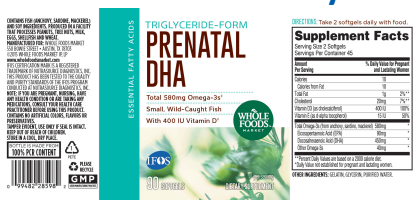
IFOS Product Report

Product Name:	Prenatal DHA
Product Type:	Ultra Refined
Product Availability:	USA, Canada

Product Summary:



★★★★★

Whole Foods Market Prenatal DHA is a clean and highly concentrated fish oil product. Each capsule contains purified omega-3 fatty acids EPA and DHA.
This product receives a FIVE out of FIVE Star IFOS rating based on the following criteria:

- ★ Omega-3 Concentration Consistent with Label – YES
- ★ Passes IFOS Oxidation standards – YES
- ★ Passes IFOS PCB, PCDD/F standards – YES
- ★ Passes IFOS Heavy Metal standards – YES
- ★ Passes all IFOS testing categories – YES

Batch/Lot #:	0815RD5052931
Expiry Date:	
Recommended Daily Allowance:	Two softgels daily with food
Company Name:	Whole Foods Market
Company Phone:	
Company Website:	http://www.wholefoodsmarket.com

IFOS Product Report

Category 1: Potency	Concentration	Batch Results	IFOS Compliance
EPA	45 mg / softgel	65 mg / softgel	YES
DHA	225 mg / softgel	234 mg / softgel	YES
Total Omega-3	290 mg / softgel	348 mg / softgel	YES

Category 2: Purity, Safety & Cleanliness	Standard Limit	Batch Results	IFOS Compliance
PCBs	< 45 ppb	0.050 ppb	YES
Dioxins and Furans	< 1 ppt	0.793 ppt	YES
Dioxin-Like PCBs	< 1.5 ppt	0.057 ppt	YES
Radioactivity	<50 bq/kg	<10 bq/kg	YES

Category 3: Stability	Standard Limit	Batch Results	IFOS Compliance
Anisidine	<20	15	YES
Peroxide	< 5 mEq/kg	0.9 meq/kg	YES
TOTOX	< 19.5	16.8	YES
Acid Value	< 3.0 mg KOH/g	1.18 mg KOH/g	YES

Category 4: Heavy Metals	Standard Limit	Batch Results	IFOS Compliance
Mercury (Hg)	< 0.1 ppm	< 0.005 ppm	YES
Lead (Pb)	< 0.1 ppm	< 0.02 ppm	YES
Inorganic Arsenic (As)	< 0.1 ppm	< 0.05 ppm	YES
Cadmium (Cd)	< 0.1 ppm	< 0.01 ppm	YES