



IFOS Product Report

Product Name:	Fish Oil 1000mg
Product Type:	Ultra Refined
Product Availability:	USA, Canada
Product Summary:	<p>Whole Foods Market Fish Oil 1000mg is a clean and highly concentrated fish oil product. Each capsule contains purified omega-3 fatty acids EPA and DHA. This product receives a FIVE out of FIVE Star IFOS rating based on the following criteria:</p> <ul style="list-style-type: none"> ★ Omega-3 Concentration Consistent with Label – YES ★ Passes IFOS Oxidation standards – YES ★ Passes IFOS PCB, PCDD/F standards – YES ★ Passes IFOS Heavy Metal standards – YES ★ Passes all IFOS testing categories – YES
Batch/Lot #:	8040841, 8040831
Expiry Date:	06/2020
Recommended Daily Allowance:	One softgel daily with food
Company Name:	Whole Foods Market
Company Phone:	
Company Website:	http://www.wholefoodsmarket.com



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Category 1: Potency	Concentration	Batch Results	IFOS Compliance
EPA	180mg / softgel	188 mg / softgel	YES
DHA	120 mg / softgel	127 mg / softgel	YES
Total Omega-3	300 mg / softgel	390 mg / softgel	YES

Category 2: Purity, Safety & Cleanliness	Standard Limit	Batch Results	IFOS Compliance
PCBs	< 45 ppb	6.17 ppb	YES
Dioxins and Furans	< 1 ppt	0.169 ppt	YES
Dioxin-Like PCBs	< 1.5 ppt	0.0602 ppt	YES

Category 3: Stability	Standard Limit	Batch Results	IFOS Compliance
Anisidine	<20	7.50	YES
Peroxide	< 5 mEq/kg	1.30 meq/kg	YES
TOTOX	< 19.5	10.1	YES
Acid Value	< 3.0 mg KOH/g	0.16 mg KOH/g	YES

Category 4: Heavy Metals	Standard Limit	Batch Results	IFOS Compliance
Mercury (Hg)	< 0.1 ppm	< 0.005 ppm	YES
Lead (Pb)	< 0.1 ppm	< 0.02 ppm	YES
Total Arsenic (As)	< 0.1 ppm	< 0.05 ppm	YES
Cadmium (Cd)	< 0.1 ppm	< 0.01 ppm	YES

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