



Consumer Report

Product Name:	Ultra Strength Omega-3 Fish Oil
Product Type:	Ultra Concentrate
Product Availability:	USA
Product Summary: 	<p>Viva Naturals Ultra Strength Omega-3 Fish Oil is a purified and highly concentrated omega-3 fish oil product. Each serving contains a minimum of 1880 mg of EPA + DHA. This product receives a FIVE out of FIVE Star IFOS rating based on the following criteria:</p> <ul style="list-style-type: none"> ★ Omega-3 Concentration Consistent with Label – YES ★ Passes IFOS Oxidation standards – YES ★ Passes IFOS PCB, PCDD/F standards – YES ★ Passes IFOS Heavy Metal standards – YES ★ Passes all IFOS testing categories – YES
	
Batch/Lot #:	UC160869
Expiry Date	12/2019
Recommended Daily Allowance:	Take 2 softgels once daily with a meal or as directed by a health care practitioner
Company Name:	Viva Naturals
Company Phone:	1-800-921-8482
Company Website:	http://www.vivanaturals.com

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Category 1: Potency	Concentration	Batch Results	IFOS Compliance
EPA	700 mg/softgel	758 mg/softgel	YES
DHA	240 mg/softgel	264 mg/softgel	YES
TOTAL OMEGA-3	1000 mg/softgel	1104 mg/softgel	YES

Category 2: Purity, Safety & Cleanliness	Standard Limit	Batch Results	IFOS Compliance
PCBs	<= 45 ppb	< 45 ppb	YES
Dioxins and Furans	<= 1 ppt	< 1 ppt	YES
Dioxin-Like PCBs	<= 1.5 ppt	< 1.5 ppt	YES

Category 3: Stability	Standard Limit	Batch Results	IFOS Compliance
Anisidine	<= 20	3.7	YES
Peroxide	<= 5 mEq/kg	0.3 meq/kg	YES
TOTOX	<= 19.5	4.3	YES
Acid Value	<= 3.0 mg KOH/g	1.7 mg KOH/g	YES

Category 4: Heavy Metals	Standard Limit	Batch Results	IFOS Compliance
Mercury (Hg)	<= 0.1 ppm	< 0.1 ppm	YES
Lead (Pb)	<= 0.1 ppm	< 0.1 ppm	YES
Total Arsenic (As)	<= 0.1 ppm	< 0.1 ppm	YES
Cadmium (Cd)	<= 0.1 ppm	< 0.1 ppm	YES

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