





IFOS Product Report

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| Product Name: | The Very Finest Fish Oil |
| Product Type: | Natural Grade |
| Product Availability: | USA, Canada |
| Product Summary: | <p>Carlson Labs The Very Finest Fish Oil is a clean and naturally concentrated fish oil, containing purified omega-3 fatty acids EPA and DHA.</p> <p>This product receives a FIVE out of FIVE Star IFOS rating based on the following criteria:</p> <ul style="list-style-type: none">★ Omega-3 Concentration Consistent with Label – YES★ Passes IFOS Oxidation standards – YES★ Passes IFOS PCB, PCDD/F standards – YES★ Passes IFOS Heavy Metal standards – YES★ Passes all IFOS testing categories – YES |
|   | |
| Batch/Lot #: | 62379101 |
| Expiry Date: | 08/2019 |
| Recommended Daily Allowance: | US: Adults take one teaspoonful(5ml) one or two times daily at mealtime. Canada: Adults take 5ml (1 teaspoonful) one or two times a day at meal time. |
| NPN#: | 80005280 |
| Company Name: | J.R. Carlson Laboratories Inc. |
| Company Phone: | 847-255-1600, 888-234-5656 |
| Company Website: | http://www.carlsonlabs.com |

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| Category 1: Potency | Concentration | Batch Results | IFOS Compliance |
|------------------------|---------------|---------------|-----------------|
| EPA | 800 mg / 5ml | 800 mg / 5ml | YES |
| DHA | 500 mg / 5ml | 500mg / 5ml | YES |
| Total Omega-3 | 1600 mg / 5ml | 1600 mg / 5ml | YES |

| Category 2: Purity, Safety & Cleanliness | Standard Limit | Batch Results | IFOS Compliance |
|--|----------------|---------------|-----------------|
| PCBs | < 45 ppb | 0.393 ppb | YES |
| Dioxins and Furans | < 1 ppt | 0.655 ppt | YES |
| Dioxin-Like PCBs | < 1.5 ppt | 0.0231 ppt | YES |

| Category 3: Stability | Standard Limit | Batch Results | IFOS Compliance |
|--------------------------|----------------|---------------|-----------------|
| Anisidine | <20 | 11.9 | YES |
| Peroxide | < 5 meq/kg | 2.54 meq/kg | YES |
| TOTOX | < 19.5 | 16.98 | YES |
| Acid Value | < 3.0 mg KOH/g | 0.06 mg KOH/g | YES |

| Category 4: Heavy Metals | Standard Limit | Batch Results | IFOS Compliance |
|-----------------------------|----------------|---------------|-----------------|
| Mercury (Hg) | < 0.1 ppm | < 0.005 ppm | YES |
| Lead (Pb) | < 0.1 ppm | < 0.02 ppm | YES |
| Total Arsenic (As) | < 0.1 ppm | < 0.05 ppm | YES |
| Cadmium (Cd) | < 0.1 ppm | < 0.01 ppm | YES |

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