



# IFOS Product Report

<b>Product Name:</b>	Ultra DHA for Pregnancy & Lactation
<b>Product Type:</b>	Ultra Refined
<b>Product Availability:</b>	Australia, China & Taiwan
<b>Product Summary:</b>  	<p>SOUTHERNATURE's Ultra DHA for Pregnancy &amp; Lactation is a clean and highly concentrated omega-3 fish oil. Each 700 mg softgel contains a minimum 60% omega-3 concentration as combined EPA and DHA</p> <p>This product receives a FIVE out of FIVE Star IFOS rating based on the following criteria:</p> <ul style="list-style-type: none"><li>★ Omega-3 Concentration Consistent with Label – YES</li><li>★ Passes IFOS Oxidation standards – YES</li><li>★ Passes IFOS PCB, PCDD/F standards – YES</li><li>★ Passes IFOS Heavy Metal standards – YES</li><li>★ Passes all IFOS testing categories – YES</li></ul>
<b>Batch/Lot #:</b>	18377, 18378, 20123
<b>Expiry Date:</b>	06/2021
<b>Recommended Daily Allowance:</b>	1-3 capsules daily with food, or as directed by a healthcare professional
<b>Company Name:</b>	SOUTHERNATURE
<b>Company Phone:</b>	1300 651 851
<b>Company Website:</b>	<a href="http://www.southernature.com.au">http://www.southernature.com.au</a>

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Category 1: Potency	Concentration	Batch Results	IFOS Compliance
<b>EPA</b>	70 mg/softgel	99 mg/softgel	YES
<b>DHA</b>	322 mg/softgel	340 mg/softgel	YES
<b>Total Omega-3</b>	441 mg/softgel	498 mg/softgel	YES

Category 2: Purity, Safety & Cleanliness	Standard Limit	Batch Results	IFOS Compliance
<b>PCBs</b>	< 45 ppb	0.410 ppb	YES
<b>Dioxins and Furans</b>	< 1 ppt	0.935 ppt	YES
<b>Dioxin-Like PCBs</b>	< 1.5 ppt	0.019 ppt	YES
<b>Radioactivity</b>	<50 bq/kg	<30 bq/kg	YES

Category 3: Stability	Standard Limit	Batch Results	IFOS Compliance
<b>Anisidine</b>	<20	4	YES
<b>Peroxide</b>	< 5 mEq/kg	1.35 mEq/kg	YES
<b>TOTOX</b>	< 19.5	6.7	YES
<b>Acid Value</b>	< 3.0 mg KOH/g	0.33 mg KOH/g	YES

Category 4: Heavy Metals	Standard Limit	Batch Results	IFOS Compliance
<b>Mercury (Hg)</b>	< 0.1 ppm	< 0.005 ppm	YES
<b>Lead (Pb)</b>	< 0.1 ppm	< 0.02 ppm	YES
<b>Inorganic Arsenic (As)</b>	< 0.1 ppm	< 0.05 ppm	YES
<b>Cadmium (Cd)</b>	< 0.1 ppm	< 0.01 ppm	YES

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