




# IFOS Product Report

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|--|---|
| <b>Product Name:</b>   | Norwegian Super D Omega-3   |
| <b>Product Type:</b>   | Natural Grade   |
| <b>Product Availability:</b>   | USA, Canada   |
| <p><b>Product Summary:</b></p>  <p>★★★★★</p> | <p>Carlson Labs Norwegian Super D Omega 3 is a clean and naturally concentrated fish oil, containing purified omega-3 fatty acids EPA and DHA.</p> <p>This product receives a FIVE out of FIVE Star IFOS rating based on the following criteria:</p> <ul style="list-style-type: none"> <li>★ Omega-3 Concentration Consistent with Label – YES</li> <li>★ Passes IFOS Oxidation standards – YES</li> <li>★ Passes IFOS PCB, PCDD/F standards – YES</li> <li>★ Passes IFOS Heavy Metal standards – YES</li> <li>★ Passes all IFOS testing categories – YES</li> </ul> |
| <b>Batch/Lot #:</b>  | 63411364  |
| <b>Expiry Date:</b>  | 08/2020   |
| <b>Recommended Daily Allowance:</b>  | US: Take one teaspoon (5ml) daily at mealtime<br>Canada: Adults: Take 2.5ml (1/2 teaspoon) once daily at mealtime   |
| <b>NPN#:</b>   | 80025222  |
| <b>Company Name:</b>   | J.R. Carlson Laboratories Inc.  |
| <b>Company Phone:</b>  | 847-255-1600, 888-234-5656  |
| <b>Company Website:</b>  | <a href="http://www.carlsonlabs.com">http://www.carlsonlabs.com</a>   |

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| Category 1:<br>Potency | Concentration | Batch Results | IFOS Compliance |
|------------------------|---------------|---------------|-----------------|
| <b>EPA</b>             | 400 mg / 5ml  | 400 mg / 5ml  | YES             |
| <b>DHA</b>             | 500 mg / 5ml  | 514 mg / 5ml  | YES             |
| <b>Total Omega-3</b>   | 1100 mg / 5ml | 1113 mg / 5ml | YES             |

| Category 2:<br>Purity, Safety &<br>Cleanliness | Standard Limit | Batch Results | IFOS Compliance |
|--|----------------|---------------|-----------------|
| <b>PCBs</b>                                    | < 45 ppb       | 12.3 ppb      | YES             |
| <b>Dioxins and Furans</b>                      | < 1 ppt        | 0.534 ppt     | YES             |
| <b>Dioxin-Like PCBs</b>                        | < 1.5 ppt      | 0.123 ppt     | YES             |

| Category 3:<br>Stability | Standard Limit | Batch Results | IFOS Compliance |
|--------------------------|----------------|---------------|-----------------|
| <b>Anisidine</b>         | <20            | 4.7           | YES             |
| <b>Peroxide</b>          | < 5 meq/kg     | 1.62 meq/kg   | YES             |
| <b>TOTOX</b>             | < 19.5         | 7.94          | YES             |
| <b>Acid Value</b>        | < 3.0 mg KOH/g | 0.08 mg KOH/g | YES             |

| Category 4:<br>Heavy Metals | Standard Limit | Batch Results | IFOS Compliance |
|-----------------------------|----------------|---------------|-----------------|
| <b>Mercury (Hg)</b>         | < 0.1 ppm      | < 0.005 ppm   | YES             |
| <b>Lead (Pb)</b>            | < 0.1 ppm      | < 0.10 ppm    | YES             |
| <b>Total Arsenic (As)</b>   | < 0.1 ppm      | < 0.10 ppm    | YES             |
| <b>Cadmium (Cd)</b>         | < 0.1 ppm      | < 0.01 ppm    | YES             |

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