




IFOS Product Report

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| Product Name: | Omega-3 400-200 TG Fish Oil |
| Product Type: | 1000mg TG capsules |
| Product Availability: | Worldwide |
| <p>Product Summary:</p>  <p>★★★★★</p> | <p>See yourself Well Omega-3 is a clean and highly concentrated omega-3 fish oil product. Each 1000 mg capsule contains a minimum 60% omega-3 concentration as combined EPA and DHA as well as gelatin, glycerin and natural tocopherols. This product receives a FIVE out of FIVE Star IFOS rating based on the following criteria:</p> <ul style="list-style-type: none"> ★ Omega-3 Concentration Consistent with Label – YES ★ Passes IFOS Oxidation standards – YES ★ Passes IFOS PCB, PCDD/F standards – YES ★ Passes IFOS Heavy Metal standards – YES ★ Passes all IFOS testing categories – YES |
| Batch/Lot #: | 1784711 |
| Expiry Date: | 12/2020 |
| Recommended Daily Allowance: | 1-4 capsules |
| Company Name: | Zona Omega 3 S.a.s. |
| Company Phone: | +39.346.0055247 |
| Company Website: | www.zonaomega3.it |

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| Category 1: Potency | Concentration | Batch Results | IFOS Compliance |
|------------------------|----------------|----------------|-----------------|
| EPA | 400 mg/softgel | 415 mg/softgel | Yes |
| DHA | 200 mg/softgel | 214 mg/softgel | Yes |
| Total Omega-3 | 600 mg/softgel | 629 mg/softgel | Yes |

| Category 2: Purity, Safety & Cleanliness | Standard Limit | Batch Results | IFOS Compliance |
|--|----------------|---------------|-----------------|
| PCBs | < 45 ppb | 13.8 ppb | Yes |
| Dioxins and Furans | < 1.0 ppt | 0.286 ppt | Yes |
| Dioxin-Like PCBs | < 1.5 ppt | 0.064 ppt | Yes |

| Category 3: Stability | Standard Limit | Batch Results | IFOS Compliance |
|--------------------------|----------------|---------------|-----------------|
| Anisidine | <20 | 7.89 | Yes |
| Peroxide | < 5 mEq/kg | 0.81 meq/kg | Yes |
| TOTOX | < 19.5 | 9.51 | Yes |
| Acid Value | < 3.0 mg KOH/g | 0.45 mg KOH/g | Yes |

| Category 4: Heavy Metals | Standard Limit | Batch Results | IFOS Compliance |
|-----------------------------|----------------|---------------|-----------------|
| Mercury (Hg) | < 0.1 ppm | 0.008 ppm | Yes |
| Lead (Pb) | < 0.1 ppm | <0.02 ppm | Yes |
| Total Arsenic (As) | < 0.1 ppm | <0.05 ppm | Yes |
| Cadmium (Cd) | < 0.1 ppm | <0.01 ppm | Yes |

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