



IFOS Product Report

Product Name:	Omega-3 3000 Liquid
Product Type:	Ultra Refined
Product Availability:	Worldwide
<p>Product Summary:</p>  <p>★★★★★</p>	<p>See Yourself Well Omega-3 3000 Liquid is a clean and highly concentrated omega-3 fish oil product. Each 5mL serving contains a minimum 60% omega-3 concentration as combined EPA and DHA as well as gelatin, glycerin and natural tocopherols. This product receives a FIVE out of FIVE Star IFOS rating based on the following criteria:</p> <ul style="list-style-type: none"> ★ Omega-3 Concentration Consistent with Label – YES ★ Passes IFOS Oxidation standards – YES ★ Passes IFOS PCB, PCDD/F standards – YES ★ Passes IFOS Heavy Metal standards – YES ★ Passes all IFOS testing categories – YES
Batch/Lot #:	1708308, 1708408
Expiry Date:	09/2020
Recommended Daily Allowance:	1 teaspoon daily with meals
Company Name:	Nutrateg Life Sciences
Company Phone:	Toll Free 1-866-799-8035
Company Website:	www.nutrategs.com

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Category 1: Potency	Concentration	Batch Results	IFOS Compliance
EPA	2000 mg/5mL	2050 mg/5mL	Yes
DHA	1000 mg/5mL	1155 mg/5mL	Yes
Total Omega-3	3000 mg/5mL	3205 mg/5mL	Yes

Category 2: Purity, Safety & Cleanliness	Standard Limit	Batch Results	IFOS Compliance
PCBs	< 45 ppb	14.1 ppb	Yes
Dioxins and Furans	< 1.0 ppt	0.589 ppt	Yes
Dioxin-Like PCBs	< 1.5 ppt	0.0244 ppt	Yes

Category 3: Stability	Standard Limit	Batch Results	IFOS Compliance
Anisidine	<20	13	Yes
Peroxide	< 5 mEq/kg	0.1 meq/kg	Yes
TOTOX	< 19.5	13.2	Yes
Acid Value	< 3.0 mg KOH/g	0.25 mg KOH/g	Yes

Category 4: Heavy Metals	Standard Limit	Batch Results	IFOS Compliance
Mercury (Hg)	< 0.1 ppm	<0.005 ppm	Yes
Lead (Pb)	< 0.1 ppm	<0.02 ppm	Yes
Inorganic Arsenic (As)	< 0.1 ppm	<0.05 ppm	Yes
Cadmium (Cd)	< 0.1 ppm	<0.01 ppm	Yes

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