




# IFOS Product Report

<b>Product Name:</b>	Omega-3 1500 Liquid Lemon
<b>Product Type:</b>	Natural
<b>Product Availability:</b>	Worldwide
<b>Product Summary:</b> 	<p>See Yourself Well Omega-3 1500 Liquid is a clean and highly concentrated omega-3 fish oil product. Each 5mL serving contains a minimum 1500mg omega-3 concentration as well as gelatin, glycerin and natural tocopherols. This product receives a FIVE out of FIVE Star IFOS rating based on the following criteria:</p> <ul style="list-style-type: none"><li>★ Omega-3 Concentration Consistent with Label – YES</li><li>★ Passes IFOS Oxidation standards – YES</li><li>★ Passes IFOS PCB, PCDD/F standards – YES</li><li>★ Passes IFOS Heavy Metal standards – YES</li><li>★ Passes all IFOS testing categories – YES</li></ul>
<b>Batch/Lot #:</b>	1839105
<b>Expiry Date:</b>	05/2021
<b>Recommended Daily Allowance:</b>	1 teaspoon daily with meals
<b>Company Name:</b>	Nutrateg Life Sciences
<b>Company Phone:</b>	Toll Free 1-866-799-8035
<b>Company Website:</b>	<a href="http://www.nutrategls.com">www.nutrategls.com</a>

The IFOS™ Program is provided exclusively by Nutrasource Diagnostics Inc. | [ifos@nutrasource.ca](mailto:ifos@nutrasource.ca)

[www.ifosprogram.com](http://www.ifosprogram.com)



[facebook.com/ifosprogram](https://facebook.com/ifosprogram)



[@IFOS\\_Program](https://twitter.com/IFOS_Program)



# IFOS Product Report

Category 1: Potency	Concentration	Batch Results	IFOS Compliance
EPA	880 mg/5mL	880 mg/5mL	Yes
DHA	620 mg/5mL	620 mg/5mL	Yes
<b>Total Omega-3</b>	1500 mg/5mL	1500 mg/5mL	Yes

Category 2: Purity, Safety & Cleanliness	Standard Limit	Batch Results	IFOS Compliance
PCBs	< 45 ppb	8.71 ppb	Yes
Dioxins and Furans	< 1.0 ppt	0.811 ppt	Yes
Dioxin-Like PCBs	< 1.5 ppt	0.880 ppt	Yes

Category 3: Stability	Standard Limit	Batch Results	IFOS Compliance
Anisidine	<20	7.97	Yes
Peroxide	< 5 mEq/kg	1.01 meq/kg	Yes
TOTOX	< 19.5	9.99	Yes
Acid Value	< 3.0 mg KOH/g	0.58 mg KOH/g	Yes

Category 4: Heavy Metals	Standard Limit	Batch Results	IFOS Compliance
Mercury (Hg)	< 0.1 ppm	<0.005 ppm	Yes
Lead (Pb)	< 0.1 ppm	<0.02 ppm	Yes
Inorganic Arsenic (As)	< 0.1 ppm	<0.05 ppm	Yes
Cadmium (Cd)	< 0.1 ppm	<0.01 ppm	Yes

The IFOS™ Program is provided exclusively by Nutrasource Diagnostics Inc. | ifos@nutrasource.ca

[www.ifosprogram.com](http://www.ifosprogram.com)



[facebook.com/ifosprogram](https://facebook.com/ifosprogram)



[@IFOS\\_Program](https://twitter.com/IFOS_Program)