



# IFOS Product Report

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|--|---|
| <b>Product Name:</b>   | Omega-3 1200 Softgels   |
| <b>Product Type:</b>   | Ultra Refined   |
| <b>Product Availability:</b>   | Worldwide   |
| <b>Product Summary:</b><br><br> | <p>See Yourself Well Omega-3 1200 Softgels is a clean and highly concentrated omega-3 fish oil product. Each 1000 mg softgel contains a minimum 60% omega-3 concentration as combined EPA and DHA as well as gelatin, glycerin and natural tocopherols. This product receives a FIVE out of FIVE Star IFOS rating based on the following criteria:</p> <ul style="list-style-type: none"><li>★ Omega-3 Concentration Consistent with Label – YES</li><li>★ Passes IFOS Oxidation standards – YES</li><li>★ Passes IFOS PCB, PCDD/F standards – YES</li><li>★ Passes IFOS Heavy Metal standards – YES</li><li>★ Passes all IFOS testing categories – YES</li></ul> |
| <b>Batch/Lot #:</b>  | 19187042  |
| <b>Expiry Date:</b>  | 04/2022   |
| <b>Recommended Daily Allowance:</b>  | 2 Softgels  |
| <b>Company Name:</b>   | Nutraceutical Life Sciences   |
| <b>Company Phone:</b>  | Toll Free 1-866-799-8035  |
| <b>Company Website:</b>  | <a href="http://www.nutraceuticals.com">www.nutraceuticals.com</a>  |

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| Category 1:<br>Potency | Concentration  | Batch Results  | IFOS Compliance |
|------------------------|----------------|----------------|-----------------|
| <b>EPA</b>             | 400 mg/softgel | 420 mg/softgel | Yes             |
| <b>DHA</b>             | 200 mg/softgel | 227 mg/softgel | Yes             |
| <b>Total Omega-3</b>   | 600 mg/softgel | 718 mg/softgel | Yes             |

| Category 2:<br>Purity, Safety &<br>Cleanliness | Standard Limit | Batch Results | IFOS Compliance |
|--|----------------|---------------|-----------------|
| <b>PCBs</b>                                    | < 45 ppb       | 10.6 ppb      | Yes             |
| <b>Dioxins and Furans</b>                      | < 1.0 ppt      | 0.131 ppt     | Yes             |
| <b>Dioxin-Like PCBs</b>                        | < 1.5 ppt      | 0.255 ppt     | Yes             |

| Category 3:<br>Stability | Standard Limit | Batch Results | IFOS Compliance |
|--------------------------|----------------|---------------|-----------------|
| <b>Anisidine</b>         | <20            | 7.13          | Yes             |
| <b>Peroxide</b>          | < 5 mEq/kg     | 0.22 meq/kg   | Yes             |
| <b>TOTOX</b>             | < 19.5         | 7.57          | Yes             |
| <b>Acid Value</b>        | < 3.0 mg KOH/g | 0.41 mg KOH/g | Yes             |

| Category 4:<br>Heavy Metals   | Standard Limit | Batch Results | IFOS Compliance |
|-------------------------------|----------------|---------------|-----------------|
| <b>Mercury (Hg)</b>           | < 0.1 ppm      | <0.005 ppm    | Yes             |
| <b>Lead (Pb)</b>              | < 0.1 ppm      | <0.02 ppm     | Yes             |
| <b>Inorganic Arsenic (As)</b> | < 0.1 ppm      | < 0.05 ppm    | Yes             |
| <b>Cadmium (Cd)</b>           | < 0.1 ppm      | <0.01 ppm     | Yes             |

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