



Consumer Report

Product Name:	Omega-3 1200 Softgels
Product Type:	Ultra Refined
Product Availability:	Worldwide
 <p>Product Summary ★★★★★</p>	<p>See Yourself Well Omega-3 1200 Softgels is a clean and highly concentrated omega-3 fish oil product. Each 1000 mg softgel contains a minimum 60% omega-3 concentration as combined EPA and DHA as well as gelatin, glycerin and natural tocopherols. This product receives a FIVE out of FIVE Star IFOS rating based on the following criteria:</p> <ul style="list-style-type: none">★ Omega-3 Concentration Consistent with Label – YES★ Passes IFOS Oxidation standards – YES★ Passes IFOS PCB, PCDD/F standards – YES★ Passes IFOS Heavy Metal standards – YES★ Passes all IFOS testing categories – YES
Batch/Lot #:	1602101-1
Expiry Date:	01-2019
Recommended Daily Allowance:	2 Softgels
Company Name:	Nutrateg Life Sciences
Company Phone:	Toll Free 1-866-799-8035
Company Website:	www.nutrategcl.com

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Category 1: Potency Omega-3 content vs. product label claim	Concentration	Batch Results	IFOS Compliance
EPA	400 mg/softgel	410 mg/softgel	Yes
DHA	200 mg/softgel	231 mg/softgel	Yes
Total Omega-3	600 mg/softgel	725 mg/softgel	Yes

Category 2: Purity, Safety & Cleanliness	Standard Limit	Batch Results	IFOS Compliance
PCBs	< 45 ppb	14.1 ppb	Yes
Dioxins and Furans	< 1.0 ppt	0.589 ppt	Yes
Dioxin-Like PCBs	< 1.5 ppt	0.0244 ppt	Yes

Category 3: Stability	Standard Limit	Batch Results	IFOS Compliance
Anisidine	<20	5.57	Yes
Peroxide	< 5 mEq/kg	0.8 meq/kg	Yes
TOTOX	< 19.5	7.17	Yes
Acid Value	< 3.0 mg KOH/g	0.25 mg KOH/g	Yes

Category 4: Heavy Metals	Standard Limit	Batch Results	IFOS Compliance
Mercury (Hg)	< 0.1 ppm	<0.005 ppm	Yes
Lead (Pb)	< 0.1 ppm	<0.02 ppm	Yes
Total Arsenic (As)	< 0.1 ppm	<0.05 ppm	Yes
Cadmium (Cd)	< 0.1 ppm	<0.01 ppm	Yes

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