




Consumer Report

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| Product Name: | Omega-3 1200 Softgels |
| Product Type: | Ultra Refined |
| Product Availability: | Worldwide |
|  <p>Product Summary ★★★★★</p> | <p>See Yourself Well Omega-3 1200 Softgels is a clean and highly concentrated omega-3 fish oil product. Each 1000 mg softgel contains a minimum 60% omega-3 concentration as combined EPA and DHA as well as gelatin, glycerin and natural tocopherols. This product receives a FIVE out of FIVE Star IFOS rating based on the following criteria:</p> <ul style="list-style-type: none">★ Omega-3 Concentration Consistent with Label – YES★ Passes IFOS Oxidation standards – YES★ Passes IFOS PCB, PCDD/F standards – YES★ Passes IFOS Heavy Metal standards – YES★ Passes all IFOS testing categories – YES |
| Batch/Lot #: | 15935112 |
| Expiry Date: | 11-2018 |
| Recommended Daily Allowance: | 2 Softgels |
| Company Name: | Nutraceutical Life Sciences |
| Company Phone: | Toll Free 1-866-799-8035 |
| Company Website: | www.nutraceuticals.com |

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| Category 1: Potency Omega-3 content vs. product label claim | Concentration | Batch Results | IFOS Compliance |
|--|----------------------|----------------------|----------------------------|
| EPA | 400 mg/softgel | 410 mg/softgel | Yes |
| DHA | 200 mg/softgel | 231 mg/softgel | Yes |
| Total Omega-3 | 600 mg/softgel | 725 mg/softgel | Yes |

| Category 2: Purity, Safety & Cleanliness | Standard Limit | Batch Results | IFOS Compliance |
|---|-----------------------|----------------------|----------------------------|
| PCBs | < 45 ppb | 14.1 ppb | Yes |
| Dioxins and Furans | < 1.0 ppt | 0.589 ppt | Yes |
| Dioxin-Like PCBs | < 1.5 ppt | 0.0244 ppt | Yes |

| Category 3: Stability | Standard Limit | Batch Results | IFOS Compliance |
|----------------------------------|-----------------------|----------------------|----------------------------|
| Anisidine | <20 | 5.57 | Yes |
| Peroxide | < 5 mEq/kg | 0.8 meq/kg | Yes |
| TOTOX | < 19.5 | 7.17 | Yes |
| Acid Value | < 3.0 mg KOH/g | 0.25 mg KOH/g | Yes |

| Category 4: Heavy Metals | Standard Limit | Batch Results | IFOS Compliance |
|-------------------------------------|-----------------------|----------------------|----------------------------|
| Mercury (Hg) | < 0.1 ppm | <0.005 ppm | Yes |
| Lead (Pb) | < 0.1 ppm | <0.02 ppm | Yes |
| Total Arsenic (As) | < 0.1 ppm | <0.05 ppm | Yes |
| Cadmium (Cd) | < 0.1 ppm | <0.01 ppm | Yes |

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