



# IFOS Product Report

<b>Product Name:</b>	Super DHA
<b>Product Type:</b>	Ultra Refined
<b>Product Availability:</b>	USA, Canada
<b>Product Summary</b>	<p>Whole Foods Market Fish Oil 1000mg is a clean and highly concentrated fish oil product. Each capsule contains purified omega-3 fatty acids EPA and DHA. This product receives a FIVE out of FIVE Star IFOS rating based on the following criteria:</p> <ul style="list-style-type: none"> <li>★ Omega-3 Concentration Consistent with Label – YES</li> <li>★ Passes IFOS Oxidation standards – YES</li> <li>★ Passes IFOS PCB, PCDD/F standards – YES</li> <li>★ Passes IFOS Heavy Metal standards – YES</li> <li>★ Passes all IFOS testing categories – YES</li> </ul>
 <p>★★★★★</p>	
<b>Batch/Lot #:</b>	8041481
<b>Expiry Date:</b>	09/06/2021
<b>Recommended Daily Allowance:</b>	2 softgels daily
<b>Company Name:</b>	Whole Foods Market
<b>Company Phone:</b>	
<b>Company Website:</b>	<a href="http://www.wholefoodsmarket.com">www.wholefoodsmarket.com</a>

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<b>Category 1: Potency</b> Omega-3 content vs. product label claim	<b>Specification</b> mg per 2 softgels	<b>Batch Results</b> mg per 2 softgels	<b>IFOS Compliance</b>
<b>EPA</b>	410	614	Yes
<b>DHA</b>	960	1202	Yes
<b>Total Omega-3</b>	1660	1971	Yes

<b>Category 2: Purity, Safety &amp; Cleanliness</b>	<b>IFOS Standards</b>	<b>Batch Results</b>	<b>IFOS Compliance</b>
<b>PCBs</b>	< 45 ppb	0.131 ppb	Yes
<b>Dioxins and Furans</b>	< 1 ppt	0.140 ppt	Yes
<b>Dioxin-Like PCBs</b>	< 1.5 ppt	0.0211 ppt	Yes

<b>Category 3: Stability</b>	<b>IFOS Standards</b>	<b>Batch Results</b>	<b>IFOS Compliance</b>
<b>Acid Value</b>	<= 3 KOH/g	0.13 KOH/g	Yes
<b>Peroxide</b>	<= 5 meq/kg	2.72 meq/kg	Yes
<b>Anisidine</b>	<= 20	11	Yes
<b>Total Oxidation</b>	<= 19.5	16.44	Yes

<b>Category 4: Heavy Metals</b>	<b>IFOS Standards</b>	<b>Batch Results</b>	<b>IFOS Compliance</b>
<b>Mercury (Hg)</b>	<= 0.1 ppm	< 0.005	Yes
<b>Cadmium (Cd)</b>	<= 0.1 ppm	< 0.01	Yes
<b>Lead (Pb)</b>	<= 0.1 ppm	< 0.02	Yes
<b>Total Arsenic (As)</b>	<= 0.1 ppm	< 0.05	Yes

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