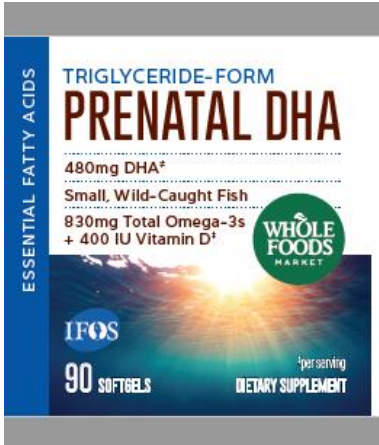




IFOS Product Report

Product Name:	PRENATAL DHA
Product Type:	Ultra Refined
Product Availability:	USA
<p>Product Summary</p>  <p>★★★★★</p>	<p>Whole Foods Market PRENATAL DHA is a clean and highly concentrated fish oil product. Each capsule contains purified omega-3 fatty acids EPA and DHA.</p> <p>This product receives a FIVE out of FIVE Star IFOS rating based on the following criteria:</p> <ul style="list-style-type: none"> ★ Omega-3 Concentration Consistent with Label – YES ★ Passes IFOS Oxidation standards – YES ★ Passes IFOS PCB, PCDD/F standards – YES ★ Passes IFOS Heavy Metal standards – YES ★ Passes all IFOS testing categories – YES
Batch/Lot #:	8071461
Expiry Date:	03/2022
Recommended Daily Allowance:	Take two softgels daily with food
Company Name:	Whole Foods Market
Company Phone:	
Company Website:	http://www.wholefoodsmarket.com

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 120 Research Lane, Suite 203 | University of Guelph Research Park | Guelph, ON CANADA N1G 0B4
www.ifosprogram.com | ifos@nutrasource.ca

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IFOS Product Report

Category 1: Potency Omega-3 content vs. product label claim	Specification mg per 2 softgels	Batch Results mg per 2 softgels	IFOS Compliance
EPA	205	326	Yes
DHA	480	620	Yes
Total Omega-3	830	1028	Yes

Category 2: Purity, Safety & Cleanliness	IFOS Standards	Batch Results	IFOS Compliance
PCBs	<= 45 ppb	0.123 ppb	Yes
Dioxins and Furans	<= 1 ppt	0.122 ppt	Yes
Dioxin-Like PCBs	<= 1.5 ppt	0.0203 ppt	Yes

Category 3: Stability	IFOS Standards	Batch Results	IFOS Compliance
Acid Value	<= 3 KOH/g	0.00 KOH/g	Yes
Peroxide	<= 5 meq/kg	0 meq/kg	Yes
Anisidine	<= 20	8	Yes
Total Oxidation	<= 19.5	8	Yes

Category 4: Heavy Metals	IFOS Standards	Batch Results	IFOS Compliance
Mercury (Hg)	<= 0.1 ppm	< 0.005 ppm	Yes
Cadmium (Cd)	<= 0.1 ppm	< 0.02 ppm	Yes
Lead (Pb)	<= 0.1 ppm	< 0.05 ppm	Yes
Total Arsenic (As)	<= 0.1 ppm	< 0.01 ppm	Yes

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