




IFOS Product Report

Product Name:	Sydänystävä Omega 3
Product Type:	Ultra Refined
Product Availability:	Finland
Product Summary  ★★★★★	<p>Omega 3 is a clean and naturally concentrated fish oil, containing purified omega-3 fatty acids EPA and DHA.</p> <p>This product receives a FIVE out of FIVE Star IFOS rating based on the following criteria:</p> <ul style="list-style-type: none">★ Omega-3 Concentration Consistent with Label – YES★ Passes IFOS Oxidation standards – YES★ Passes IFOS PCB, PCDD/F standards – YES★ Passes IFOS Heavy Metal standards – YES★ Passes all IFOS testing categories – YES
Batch/Lot #:	B0015820
Expiry Date:	25/02/2021
Recommended Daily Allowance:	2 capsules daily
Company Name:	Suomen Terveysravinto Oy
Company Phone:	+358 800 304 030
Company Website:	Suomenterveysravinto.fi

The IFOS™ Program is provided exclusively by Nutrasource Diagnostics Inc.

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Category 1: Potency Omega-3 content vs. product label claim	Specification mg per cap	Batch Results mg per cap	IFOS Compliance
EPA	205	208	Yes
DHA	105	108	Yes
Total Omega-3	315	354	Yes

Category 2: Purity, Safety & Cleanliness	IFOS Standards	Batch Results	IFOS Compliance
PCBs	< 45 ppb	0.807 ppb	Yes
Dioxins and Furans	< 1 ppt	0.257 ppt	Yes
Dioxin-Like PCBs	< 1.5 ppt	0.0198 ppt	Yes

Category 3: Stability	IFOS Standards	Batch Results	IFOS Compliance
Acid Value	<= 3 KOH/g	0.17 KOH/g	Yes
Peroxide	<= 5 meq/kg	2.99 meq/kg	Yes
Anisidine	<= 20	0.00	Yes
Total Oxidation	<= 19.5	5.98	Yes

Category 4: Heavy Metals	IFOS Standards	Batch Results	IFOS Compliance
Mercury (Hg)	<= 0.1 ppm	< 0.005	Yes
Cadmium (Cd)	<= 0.1 ppm	< 0.01	Yes
Lead (Pb)	<= 0.1 ppm	< 0.02	Yes
Total Arsenic (As)	<= 0.1 ppm	< 0.05	Yes

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