





IFOS Product Report

Product Name:	Omega O3 Liquid
Product Type:	Ultra Refined
Product Availability:	Australia, Europe, USA, Middle-East
Product Summary  	<p>Puori Omega O3 Liquid is an ultra pure and highly concentrated liquid fish oil. Mixed with MCT oil from coconut and antioxidants from rosemary for stability to avoid any fishy taste or odor.</p> <p>This product receives a FIVE out of FIVE Star IFOS rating based on the following criteria:</p> <ul style="list-style-type: none">★ Omega-3 Concentration Consistent with Label – YES★ Passes IFOS Oxidation standards – YES★ Passes IFOS PCB, PCDD/F standards – YES★ Passes IFOS Heavy Metal standards – YES★ Passes all IFOS testing categories – YES
Batch/Lot #:	14920
Expiry Date:	24/09/2020
Recommended Daily Allowance:	For adults and children 3 years and up: 1 tsp (5 ml) daily, preferably with a meal or as recommended by a physician
Company Name:	Puori
Company Phone:	Europe: +45 7199 5419 / North America: +1(866) 540-0788
Company Website:	http://www.puori.com

The IFOS™ Program is provided exclusively by Nutrasource Diagnostics Inc.

120 Research Lane, Suite 203 | University of Guelph Research Park | Guelph, ON CANADA N1G 0B4

www.ifosprogram.com | ifos@nutrasource.ca

www.ifosprogram.com



facebook.com/ifosprogram



[@IFOS_Program](https://twitter.com/IFOS_Program)



IFOS Product Report

Category 1: Potency Omega-3 content vs. product label claim	Specification mg per 5mL	Batch Results mg per 5mL	IFOS Compliance
EPA	1280	1541	Yes
DHA	540	704	Yes
Total Omega-3	2081	2530	Yes

Category 2: Purity, Safety & Cleanliness	IFOS Standards	Batch Results	IFOS Compliance
PCBs	<= 45 ppb	0.136 ppb	Yes
Dioxins and Furans	<= 1 ppt	0.0976 ppt	Yes
Dioxin-Like PCBs	<= 1.5 ppt	0.00475 ppt	Yes

Category 3: Stability	IFOS Standards	Batch Results	IFOS Compliance
Acid Value	<= 3 KOH/g	0.21 KOH/g	Yes
Peroxide	<= 5 meq/kg	5.59 meq/kg	Yes
Anisidine	<= 20	2.7	Yes
Total Oxidation	<= 19.5	3.5	Yes

Category 4: Heavy Metals	IFOS Standards	Batch Results	IFOS Compliance
Mercury (Hg)	<= 0.1 ppm	0.0088	Yes
Cadmium (Cd)	<= 0.1 ppm	< 0.01	Yes
Lead (Pb)	<= 0.1 ppm	0.035	Yes
Total Arsenic (As)	<= 0.1 ppm	< 0.05	Yes

The IFOS™ Program is provided exclusively by Nutrasource Diagnostics Inc.

120 Research Lane, Suite 203 | University of Guelph Research Park | Guelph, ON CANADA N1G 0B4

www.ifosprogram.com | ifos@nutrasource.ca

www.ifosprogram.com



facebook.com/ifosprogram



[@IFOS_Program](https://twitter.com/IFOS_Program)