




IFOS Product Report

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| Product Name: | Omega O3 Liquid |
| Product Type: | Ultra Refined |
| Product Availability: | Australia, Europe, USA, South Africa |
| <p>Product Summary:</p>  <p>★★★★★</p> | <p>Puori Omega O3 Liquid is an ultra pure and highly concentrated liquid fish oil. Mixed with MCT oil from coconut and antioxidants from rosemary for stability to avoid any fishy taste or odor.</p> <p>This product receives a FIVE out of FIVE Star IFOS rating based on the following criteria:</p> <ul style="list-style-type: none"> ★ Omega-3 Concentration Consistent with Label – YES ★ Passes IFOS Oxidation standards – YES ★ Passes IFOS PCB, PCDD/F standards – YES ★ Passes IFOS Heavy Metal standards – YES ★ Passes all IFOS testing categories – YES |
| Batch/Lot #: | 10654 |
| Expiry Date: | 02/2019 |
| Recommended Daily Allowance: | For adults and children 3 years and up: 1 tsp (5 ml) daily, preferably with a meal or as recommended by a physician |
| Company Name: | Puori |
| Company Phone: | Europe: +45 7199 5419 / North America: +1(866) 540-0788 |
| Company Website: | http://www.puori.com |

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| Category 1: Potency | Concentration | Batch Results | IFOS Compliance |
|------------------------|---------------|---------------|-----------------|
| EPA | 1280 mg/5ml | 1280mg/5ml | YES |
| DHA | 540mg/5ml | 700 mg/5ml | YES |
| Total Omega-3 | 2081 mg/5ml | 2255 mg/5ml | YES |

| Category 2: Purity, Safety & Cleanliness | Standard Limit | Batch Results | IFOS Compliance |
|--|----------------|---------------|-----------------|
| PCBs | <= 45 ppb | 0.130 ppb | YES |
| Dioxins and Furans | <= 1 ppt | 0.277 ppt | YES |
| Dioxin-Like PCBs | <= 1.5 ppt | 0.016 ppt | YES |

| Category 3: Stability | Standard Limit | Batch Results | IFOS Compliance |
|--------------------------|----------------|---------------|-----------------|
| Anisidine | <= 20 | 2.55 | YES |
| Peroxide | <= 5 meq/kg | 4.77 meq/kg | YES |
| TOTOX | <= 19.5 | 12.09 | YES |
| Acid Value | <= 3 mg KOH/g | 0.07 mg KOH/g | YES |

| Category 4: Heavy Metals | Standard Limit | Batch Results | IFOS Compliance |
|-----------------------------|----------------|---------------|-----------------|
| Mercury (Hg) | <= 0.1 ppm | < 0.005 ppm | YES |
| Lead (Pb) | <= 0.1 ppm | < 0.02 ppm | YES |
| Total Arsenic (As) | <= 0.1 ppm | < 0.05 ppm | YES |
| Cadmium (Cd) | <= 0.1 ppm | < 0.01 ppm | YES |

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