



IFOS Product Report

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| Product Name: | Omega O3 |
| Product Type: | Ultra Refined |
| Product Availability: | Australia, Europe, USA, South Africa |
| Product Summary: | <p>Omega O3 is a clean and highly concentrated omega-3 fish oil product. Each 900 mg capsule contains a minimum 74% total omega-3 concentration, as well as gelatin, glycerin and natural mixed tocopherols.</p> <p>This product receives a FIVE out of FIVE Star IFOS rating based on the following criteria:</p> <ul style="list-style-type: none">★ Omega-3 Concentration Consistent with Label – YES★ Passes IFOS Oxidation standards – YES★ Passes IFOS PCB, PCDD/F standards – YES★ Passes IFOS Heavy Metal standards – YES★ Passes all IFOS testing categories – YES |
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|  | |
| Batch/Lot #: | S17A063 |
| Expiry Date: | 02/2019 |
| Recommended Daily Allowance: | 3 capsules |
| Company Name: | Puori |
| Company Phone: | Europe: +45 7199 5419 / North America: +1(866) 540-0788 |
| Company Website: | http://www.puori.com |

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| Category 1: Potency | Concentration | Batch Results | IFOS Compliance |
|------------------------|----------------|----------------|-----------------|
| EPA | 417 mg/capsule | 428 mg/capsule | YES |
| DHA | 167 mg/capsule | 179 mg/capsule | YES |
| Total Omega-3 | 667 mg/capsule | 699 mg/capsule | YES |

| Category 2: Purity, Safety & Cleanliness | Standard Limit | Batch Results | IFOS Compliance |
|--|----------------|---------------|-----------------|
| PCBs | <= 45 ppb | 0.0421 ppb | YES |
| Dioxins and Furans | <= 1 ppt | 0.341 ppt | YES |
| Dioxin-Like PCBs | <= 1.5 ppt | 0.0184 ppt | YES |

| Category 3: Stability | Standard Limit | Batch Results | IFOS Compliance |
|--------------------------|----------------|---------------|-----------------|
| Anisidine | <= 20 | 2.0 | YES |
| Peroxide | <= 5 meq/kg | 2.71 meq/kg | YES |
| TOTOX | <= 19.5 | 7.42 | YES |
| Acid Value | <= 3 mg KOH/g | 0.16 mg KOH/g | YES |

| Category 4: Heavy Metals | Standard Limit | Batch Results | IFOS Compliance |
|-----------------------------|----------------|---------------|-----------------|
| Mercury (Hg) | <= 0.1 ppm | < 0.005 ppm | YES |
| Lead (Pb) | <= 0.1 ppm | < 0.10 ppm | YES |
| Total Arsenic (As) | <= 0.1 ppm | < 0.10 ppm | YES |
| Cadmium (Cd) | <= 0.1 ppm | < 0.01 ppm | YES |

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