



IFOS Product Report

Product Name:	Omega 3
Product Type:	Ultra Refined
Product Availability:	Turkey
Product Summary  	<p>Natural Nest Omega 3 is a clean and highly concentrated omega-3 fish oil product. Each serving contains a minimum 60% purified omega-3 concentration as combined EPA and DHA as well as fish gelatin, vegetable glycerin and natural tocopherols. This product receives a FIVE out of FIVE Star IFOS rating based on the following criteria:</p> <ul style="list-style-type: none">★ Omega-3 Concentration Consistent with Label – YES★ Passes IFOS Oxidation standards – YES★ Passes IFOS PCB, PCDD/F standards – YES★ Passes IFOS Heavy Metal standards – YES★ Passes all IFOS testing categories – YES
Batch/Lot #:	30019572
Expiry Date:	04/2021
Recommended Daily Allowance:	1 or 2 Capsules daily
Company Name:	Estetik Bakim ve Saglik Urunleri Ltd. Sti.
Company Phone:	+90 2124474737
Company Website:	http://naturalnest.com.tr

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Category 1: Potency	Concentration	Batch Results	IFOS Compliance
EPA	380 mg/capsule	404 mg/capsule	YES
DHA	260 mg/capsule	298 mg/capsule	YES
Total Omega-3	780 mg/capsule	809 mg/capsule	YES

Category 2: Purity, Safety & Cleanliness	Standard Limit	Batch Results	IFOS Compliance
PCBs	< 45 ppb	7.45 ppb	YES
Dioxins and Furans	< 1 ppt	0.379 ppt	YES
Dioxin-Like PCBs	< 1.5 ppt	0.0457 ppt	YES
Radioactivity	< 50 bq/kg	< 30 bq/kg	YES

Category 3: Stability	Standard Limit	Batch Results	IFOS Compliance
Anisidine	<20	7.8	YES
Peroxide	< 5 mEq/kg	2.73 meq/kg	YES
TOTOX	< 19.5	13.26	YES
Acid Value	< 3.0 mg KOH/g	0.13 mg KOH/g	YES

Category 4: Heavy Metals	Standard Limit	Batch Results	IFOS Compliance
Mercury (Hg)	< 0.1 ppm	< 0.005 ppm	YES
Lead (Pb)	< 0.1 ppm	< 0.02 ppm	YES
Total Arsenic (As)	< 0.1 ppm	< 0.05 ppm	YES
Cadmium (Cd)	< 0.1 ppm	< 0.01 ppm	YES

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