



IFOS Product Report

| | |
|--|--|
| Product Name: | SO3 + D |
| Product Type: | TG Ultra Refined |
| Product Availability: | Worldwide |
| Product Summary:   | <p>SFH's SO3 + D is a clean and highly concentrated omega-3 fish oil product. Each 5ml serving contains a minimum 60% concentration of combined EPA and DHA. This product receives a FIVE out of FIVE Star IFOS rating based on the following criteria:</p> <ul style="list-style-type: none"> ★ Omega-3 Concentration Consistent with Label – YES ★ Passes IFOS Oxidation standards – YES ★ Passes IFOS PCB, PCDD/F standards – YES ★ Passes IFOS Heavy Metal standards – YES ★ Passes all IFOS testing categories – YES |
| Batch/Lot #: | ORD315, LMD317, ORD321 |
| Expiry Date: | 11/2018 |
| Recommended Daily Allowance: | Wellness: 1 teaspoon daily Athletes: 1-2 teaspoons daily Children: ½ teaspoon daily |
| Company Name: | SFH |
| Company Phone: | 877.682.9067 |
| Company Website: | http://www.sfh.com |

The IFOS™ Program is provided exclusively by Nutrasource Diagnostics Inc. | ifos@nutrasource.ca

www.ifosprogram.com



facebook.com/ifosprogram



[@IFOS_Program](https://twitter.com/IFOS_Program)



IFOS Product Report

| Category 1: Potency | Concentration | Batch Results | IFOS Compliance |
|------------------------|---------------|---------------|-----------------|
| EPA | 2071 mg / 5ml | 2114 mg / 5ml | YES |
| DHA | 1173 mg / 5ml | 1191 mg / 5ml | YES |
| Total Omega-3 | 3686 mg / 5ml | 3686 mg / 5ml | YES |

| Category 2: Purity, Safety & Cleanliness | Standard Limit | Batch Results | IFOS Compliance |
|--|----------------|---------------|-----------------|
| PCBs | <= 45 ppb | 0.057 ppb | YES |
| Dioxins and Furans | <= 1 ppt | 0.58 ppt | YES |
| Dioxin-Like PCBs | <= 1.5 ppt | 0.031 ppt | YES |

| Category 3: Stability | Standard Limit | Batch Results | IFOS Compliance |
|--------------------------|----------------|---------------|-----------------|
| Anisidine | <= 20 | 0 | YES |
| Peroxide | <= 5 meq/kg | 5 meq/kg | YES |
| TOTOX | <= 19.5 | 10 | YES |
| Acid Value | <= 3 mg KOH/g | 0.05 mg KOH/g | YES |

| Category 4: Heavy Metals | Standard Limit | Batch Results | IFOS Compliance |
|-------------------------------|----------------|---------------|-----------------|
| Mercury (Hg) | <= 0.1 ppm | 0.015 ppm | YES |
| Lead (Pb) | <= 0.1 ppm | < 0.02 ppm | YES |
| Inorganic Arsenic (As) | <= 0.1 ppm | 0.1 ppm | YES |
| Cadmium (Cd) | <= 0.1 ppm | < 0.01 ppm | YES |

The IFOS™ Program is provided exclusively by Nutrasource Diagnostics Inc. | ifos@nutrasource.ca

www.ifosprogram.com



facebook.com/ifosprogram



[@IFOS_Program](https://twitter.com/IFOS_Program)