



IFOS Product Report

Product Name:	Cod Liver Oil Gems Lightly Lemon
Product Type:	Natural Grade
Product Availability:	USA, Canada
Product Summary:  	<p>Carlson Labs Cod Liver Oil Gems Lightly Lemon is a clean and naturally concentrated fish oil, containing purified omega-3 fatty acids EPA and DHA.</p> <p>This product receives a FIVE out of FIVE Star IFOS rating based on the following criteria:</p> <ul style="list-style-type: none"> ★ Omega-3 Concentration Consistent with Label – YES ★ Passes IFOS Oxidation standards – YES ★ Passes IFOS PCB, PCDD/F standards – YES ★ Passes IFOS Heavy Metal standards – YES ★ Passes all IFOS testing categories – YES
Batch/Lot #:	160358
Expiry Date:	07/2020
Recommended Daily Allowance:	US: Take one softgel one to five times daily, at mealtime. Canada: Adults: Take 4 softgels once per day at mealtime
NPN:	80019557
Company Name:	J.R. Carlson Laboratories Inc.
Company Phone:	847-255-1600, 888-234-5656
Company Website:	http://www.carlsonlabs.com

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Category 1: Potency	Concentration	Batch Results	IFOS Compliance
EPA	85 mg / softgel	85 mg / softgel	YES
DHA	100 mg / softgel	109 mg / softgel	YES
Total Omega-3	230 mg / softgel	243 mg / softgel	YES

Category 2: Purity, Safety & Cleanliness	Standard Limit	Batch Results	IFOS Compliance
PCBs	<= 45 ppb	10.8 ppb	YES
Dioxins and Furans	<= 1 ppt	0.434 ppt	YES
Dioxin-Like PCBs	<= 1.5 ppt	0.078 ppt	YES
Radioactivity	<= 50 bq/kg	< 10 bq/kg	YES

Category 3: Stability	Standard Limit	Batch Results	IFOS Compliance
Anisidine	<= 20	4.7	YES
Peroxide	<= 5 meq/kg	2.35 meq/kg	YES
TOTOX	<= 19.5	9.4	YES
Acid Value	<= 3 mg KOH/g	0.08 mg KOH/g	YES

Category 4: Heavy Metals	Standard Limit	Batch Results	IFOS Compliance
Mercury (Hg)	<= 0.1 ppm	< 0.005 ppm	YES
Lead (Pb)	<= 0.1 ppm	< 0.02 ppm	YES
Inorganic Arsenic (As)	<= 0.1 ppm	< 0.05 ppm	YES
Cadmium (Cd)	<= 0.1 ppm	< 0.01 ppm	YES

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