





# Consumer Report

<b>Product Name:</b>	Norwegian Cod Liver Oil
<b>Product Type:</b>	Natural Grade
<b>Product Availability:</b>	USA, Canada
<b>Product Summary:</b>	<p>J.R. Carlson Labs Norwegian Cod Liver Oil is a clean and naturally concentrated fish oil, containing purified omega-3 fatty acids EPA and DHA.</p> <p>This product receives a FIVE out of FIVE Star IFOS rating based on the following criteria:</p> <ul style="list-style-type: none"> <li>★ Omega-3 Concentration Consistent with Label – YES</li> <li>★ Passes IFOS Oxidation standards – YES</li> <li>★ Passes IFOS PCB, PCDD/F standards – YES</li> <li>★ Passes IFOS Heavy Metal standards – YES</li> <li>★ Passes all IFOS testing categories – YES</li> </ul>
	
	
<b>Batch/Lot #:</b>	54351654
<b>Expiry Date:</b>	10/2019
<b>Recommended Daily Allowance:</b>	US: Take one teaspoonful daily at mealtime Canada: Take 10 ml (2 teaspoons) once per day at mealtime or bedtime
<b>NPN#:</b>	80021220
<b>Company Name:</b>	J.R. Carlson Laboratories Inc.
<b>Company Phone:</b>	847-255-1600, 888-234-5656
<b>Company Website:</b>	<a href="http://www.carlsonlabs.com">http://www.carlsonlabs.com</a>

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 120 Research Lane, Suite 203 | University of Guelph Research Park | Guelph, ON CANADA N1G 0B4  
[www.ifosprogram.com](http://www.ifosprogram.com) | [ifos@nutrasource.ca](mailto:ifos@nutrasource.ca)





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Category 1: Potency	Concentration	Batch Results	IFOS Compliance
EPA	400 mg / 5ml	400 mg / 5ml	YES
DHA	500 mg / 5ml	531 mg / 5ml	YES
<b>Total Omega-3</b>	1100 mg / 5ml	1131 mg / 5ml	YES

Category 2: Purity, Safety & Cleanliness	Standard Limit	Batch Results	IFOS Compliance
PCBs	< 45 ppb	14.1 ppb	YES
Dioxins and Furans	< 1 ppt	0.431 ppt	YES
Dioxin-Like PCBs	< 1.5 ppt	0.131 ppt	YES
Radioactivity	<50 bq/kg	<13 bq/kg	YES

Category 3: Stability	Standard Limit	Batch Results	IFOS Compliance
Anisidine	<20	5.0	YES
Peroxide	< 5 mEq/kg	1.97 meq/kg	YES
TOTOX	< 19.5	8.94	YES
Acid Value	< 3.0 mg KOH/g	0.04 mg KOH/g	YES

Category 4: Heavy Metals	Standard Limit	Batch Results	IFOS Compliance
Mercury (Hg)	< 0.1 ppm	< 0.005 ppm	YES
Lead (Pb)	< 0.1 ppm	< 0.02 ppm	YES
Total Arsenic (As)	< 0.1 ppm	< 0.05 ppm	YES
Cadmium (Cd)	< 0.1 ppm	< 0.01 ppm	YES

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