




Consumer Report

Product Name:	Norwegian Cod Liver Oil
Product Type:	Natural Grade
Product Availability:	USA, Canada
Product Summary: 	<p>J.R. Carlson Labs Norwegian Cod Liver Oil is a clean and naturally concentrated fish oil, containing purified omega-3 fatty acids EPA and DHA.</p> <p>This product receives a FIVE out of FIVE Star IFOS rating based on the following criteria:</p> <ul style="list-style-type: none"> ★ Omega-3 Concentration Consistent with Label – YES ★ Passes IFOS Oxidation standards – YES ★ Passes IFOS PCB, PCDD/F standards – YES ★ Passes IFOS Heavy Metal standards – YES ★ Passes all IFOS testing categories – YES
	
Batch/Lot #:	1601034
Expiry Date:	01/2020
Recommended Daily Allowance:	US: 3 softgels daily at mealtime Canada: Take 3 softgels once per day at mealtime or bedtime
NPN#:	80021757
Company Name:	J.R. Carlson Laboratories Inc.
Company Phone:	847-255-1600, 888-234-5656
Company Website:	http://www.carlsonlabs.com

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Category 1: Potency Omega-3 content vs. product label claim	Concentration	Batch Results	IFOS Compliance
EPA	30 mg / softgel	30 mg / softgel	YES
DHA	35 mg / softgel	48 mg / softgel	YES
Total Omega-3	65 mg / softgel	97 mg / softgel	YES

Category 2: Purity, Safety & Cleanliness	Standard Limit	Batch Results	IFOS Compliance
PCBs	< 45 ppb	9.73 ppb	YES
Dioxins and Furans	< 1 ppt	0.870 ppt	YES
Dioxin-Like PCBs	< 1.5 ppt	0.088 ppt	YES

Category 3: Stability	Standard Limit	Batch Results	IFOS Compliance
Anisidine	<20	4.4	YES
Peroxide	< 5 mEq/kg	4.55 meq/kg	YES
TOTOX	< 19.5	13.5	YES
Acid Value	< 3.0 mg KOH/g	0.06 mg KOH/g	YES

Category 4: Heavy Metals	Standard Limit	Batch Results	IFOS Compliance
Mercury (Hg)	< 0.1 ppm	< 0.005 ppm	YES
Lead (Pb)	< 0.1 ppm	< 0.02 ppm	YES
Inorganic Arsenic (As)	< 0.1 ppm	< 0.02 ppm	YES
Cadmium (Cd)	< 0.1 ppm	< 0.01 ppm	YES

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