



IFOS Product Report

Product Name:	Cod Liver Oil – Natural 500mL
Product Type:	Natural Grade
Product Availability:	USA, Canada
Product Summary:	<p>J.R. Carlson Labs Norwegian Cod Liver Oil is a clean and naturally concentrated fish oil, containing purified omega-3 fatty acids EPA and DHA.</p> <p>This product receives a FIVE out of FIVE Star IFOS rating based on the following criteria:</p> <ul style="list-style-type: none">★ Omega-3 Concentration Consistent with Label – YES★ Passes IFOS Oxidation standards – YES★ Passes IFOS PCB, PCDD/F standards – YES★ Passes IFOS Heavy Metal standards – YES★ Passes all IFOS testing categories – YES
	
Batch/Lot #:	70750373
Expiry Date:	02/2021
Recommended Daily Allowance:	US: Adults take one teaspoonful daily at mealtime. Canada: Adults take 10mL (2 teaspoons) daily at mealtime or bedtime.
NPN:	80021220
Company Name:	J.R. Carlson Laboratories Inc.
Company Phone:	888-234-5656
Company Website:	http://www.carlsonlabs.com

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Category 1: Potency	Concentration	Batch Results	IFOS Compliance
EPA	400 mg / 5ml	400 mg / 5ml	YES
DHA	500 mg / 5ml	535 mg / 5ml	YES
Total Omega-3	1100 mg / 5ml	1157 mg / 5ml	YES

Category 2: Purity, Safety & Cleanliness	Standard Limit	Batch Results	IFOS Compliance
PCBs	<= 45 ppb	8.43 ppb	YES
Dioxins and Furans	<= 1 ppt	0.453 ppt	YES
Dioxin-Like PCBs	<= 1.5 ppt	0.0995 ppt	YES

Category 3: Stability	Standard Limit	Batch Results	IFOS Compliance
Anisidine	<= 20	8.85	YES
Peroxide	<= 5 meq/kg	1.53 meq/kg	YES
TOTOX	<= 19.5	11.91	YES
Acid Value	<= 3 mg KOH/g	0.06 mg KOH/g	YES

Category 4: Heavy Metals	Standard Limit	Batch Results	IFOS Compliance
Mercury (Hg)	<= 0.1 ppm	0.0122 ppm	YES
Lead (Pb)	<= 0.1 ppm	< 0.02 ppm	YES
Total Arsenic (As)	<= 0.1 ppm	< 0.05 ppm	YES
Cadmium (Cd)	<= 0.1 ppm	< 0.01 ppm	YES

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