



IFOS Product Report

Product Name:	Hjärtvänlig Omega 3
Product Type:	Ultra Refined
Product Availability:	Sweden
Product Summary	<p>Omega 3 is a clean and naturally concentrated fish oil, containing purified omega-3 fatty acids EPA and DHA.</p> <p>This product receives a FIVE out of FIVE Star IFOS rating based on the following criteria:</p> <ul style="list-style-type: none"> ★ Omega-3 Concentration Consistent with Label – YES ★ Passes IFOS Oxidation standards – YES ★ Passes IFOS PCB, PCDD/F standards – YES ★ Passes IFOS Heavy Metal standards – YES ★ Passes all IFOS testing categories – YES
★★★★★	
Batch/Lot #:	B0014167
Expiry Date:	19/09/2020
Recommended Daily Allowance:	2 capsules daily
Company Name:	Finsk Hälsokost AB
Company Phone:	+46 708 595599
Company Website:	www.finskhalsokost.se

The IFOS™ Program is provided exclusively by Nutrasource Diagnostics Inc.

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Category 1: Potency Omega-3 content vs. product label claim	Specification mg per cap	Batch Results mg per cap	IFOS Compliance
EPA	205	216	Yes
DHA	105	110	Yes
Total Omega-3	315	362	Yes

Category 2: Purity, Safety & Cleanliness	IFOS Standards	Batch Results	IFOS Compliance
PCBs	< 45 ppb	0.882 ppb	Yes
Dioxins and Furans	< 1 ppt	0.183 ppt	Yes
Dioxin-Like PCBs	< 1.5 ppt	0.00669 ppt	Yes

Category 3: Stability	IFOS Standards	Batch Results	IFOS Compliance
Acid Value	<= 3 KOH/g	0.86 KOH/g	Yes
Peroxide	<= 5 meq/kg	1.83 meq/kg	Yes
Anisidine	<= 20	1.2	Yes
Total Oxidation	<= 19.5	4.86	Yes

Category 4: Heavy Metals	IFOS Standards	Batch Results	IFOS Compliance
Mercury (Hg)	<= 0.1 ppm	< 0.005	Yes
Cadmium (Cd)	<= 0.1 ppm	< 0.01	Yes
Lead (Pb)	<= 0.1 ppm	0.037	Yes
Total Arsenic (As)	<= 0.1 ppm	< 0.05	Yes

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