



IFOS Product Report

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| Product Name: | Super DHA Gems |
| Product Type: | Ultra Refined |
| Product Availability: | USA, Canada |
| <p>Product Summary:</p>  <p>Carlson Labs Super DHA is a clean and naturally concentrated fish oil product. Each capsule contains a minimum of 100 mg of EPA and 500 mg of DHA. This product receives a FIVE out of FIVE Star IFOS rating based on the following criteria:</p> <ul style="list-style-type: none"> ★ Omega-3 Concentration Consistent with Label – YES ★ Passes IFOS Oxidation standards – YES ★ Passes IFOS PCB, PCDD/F standards – YES ★ Passes IFOS Heavy Metal standards – YES ★ Passes all IFOS testing categories – YES <p>★★★★★</p> | |
| Batch/Lot #: | SB008638 |
| Expiry Date: | 04/2021 |
| Recommended Daily Allowance: | US: Adults: Take one softgel daily at mealtime. Canada: Adults: Take 2 soft gels once per day at mealtime. |
| NPN# | 80012587 |
| Company Name: | J.R. Carlson Laboratories Inc. |
| Company Phone: | 888-234-5656 |
| Company Website: | http://www.carlsonlabs.com |

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| Category 1: Potency | Concentration | Batch Results | IFOS Compliance |
|------------------------|------------------|------------------|-----------------|
| EPA | 100 mg / softgel | 118 mg / softgel | YES |
| DHA | 500 mg / softgel | 536 mg / softgel | YES |
| Total Omega-3 | 640 mg/ softgel | 746 mg /softgel | YES |

| Category 2: Purity, Safety & Cleanliness | Standard Limit | Batch Results | IFOS Compliance |
|--|----------------|---------------|-----------------|
| PCBs | <= 45 ppb | 0.0832 ppb | YES |
| Dioxins and Furans | <= 1 ppt | 0.507 ppt | YES |
| Dioxin-Like PCBs | <= 1.5 ppt | 0.0152 ppt | YES |

| Category 3: Stability | Standard Limit | Batch Results | IFOS Compliance |
|--------------------------|----------------|---------------|-----------------|
| Anisidine | <= 20 | 8.93 | YES |
| Peroxide | <= 5 meq/kg | 2.80 meq/kg | YES |
| TOTOX | <= 19.5 | 14.53 | YES |
| Acid Value | <= 3 mg KOH/g | 0.13 mg KOH/g | YES |

| Category 4: Heavy Metals | Standard Limit | Batch Results | IFOS Compliance |
|-----------------------------|----------------|---------------|-----------------|
| Mercury (Hg) | <= 0.1 ppm | 0.0137 ppm | YES |
| Lead (Pb) | <= 0.1 ppm | < 0.02 ppm | YES |
| Total Arsenic (As) | <= 0.1 ppm | < 0.05 ppm | YES |
| Cadmium (Cd) | <= 0.1 ppm | < 0.01 ppm | YES |

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