





IFOS Product Report

Product Name:	Elite Omega-3 Gems
Product Type:	Ultra Refined
Product Availability:	USA, Canada
Product Summary:  	<p>J.R. Carlson Labs Elite Omega-3 Gems is a clean and highly concentrated fish oil. Each 1250mg softgel contains a minimum of 400mg of EPA and 300mg of DHA.</p> <p>This product receives a FIVE out of FIVE Star IFOS rating based on the following criteria:</p> <ul style="list-style-type: none">★ Omega-3 Concentration Consistent with Label – YES★ Passes IFOS Oxidation standards – YES★ Passes IFOS PCB, PCDD/F standards – YES★ Passes IFOS Heavy Metal standards – YES★ Passes all IFOS testing categories – YES
Batch/Lot #:	1609062
Expiry Date:	09/2019
Recommended Daily Allowance:	US: One softgel one to five times daily at mealtime. Canada: Two softgels two times per day at mealtime.
NPN#:	80013069
Company Name:	J.R. Carlson Laboratories Inc.
Company Phone:	847-255-1600, 888-234-5656
Company Website:	http://www.carlsonlabs.com

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Category 1: Potency	Concentration	Batch Results	IFOS Compliance
EPA	400 mg / softgel	436 mg / softgel	YES
DHA	300 mg / softgel	335 mg / softgel	YES
Total Omega-3	800 mg / softgel	906 mg / softgel	YES

Category 2: Purity, Safety & Cleanliness	Standard Limit	Batch Results	IFOS Compliance
PCBs	<= 45 ppb	0.629 ppb	YES
Dioxins and Furans	<= 1 ppt	0.808 ppt	YES
Dioxin-Like PCBs	<= 1.5 ppt	0.084 ppt	YES
Radioactivity	<= 50 bq/kg	< 12 bq/kg	YES

Category 3: Stability	Standard Limit	Batch Results	IFOS Compliance
Anisidine	<= 20	4.3	YES
Peroxide	<= 5 meq/kg	3.4 meq/kg	YES
TOTOX	<= 19.5	11.1	YES
Acid Value	<= 3.0 mg KOH/g	0.25 mg KOH/g	YES

Category 4: Heavy Metals	Standard Limit	Batch Results	IFOS Compliance
Mercury (Hg)	<= 0.1 ppm	< 0.005 ppm	YES
Lead (Pb)	<= 0.1 ppm	< 0.02 ppm	YES
Inorganic Arsenic (As)	<= 0.1 ppm	< 0.05 ppm	YES
Cadmium (Cd)	<= 0.1 ppm	< 0.01 ppm	YES

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