





IFOS Product Report

Product Name:	EcoSmart Omega-3
Product Type:	Ultra Refined
Product Availability:	USA, Canada
Product Summary:	<p>J.R. Carlson Labs EcoSmart Omega-3 is a clean and highly concentrated omega-3 fish oil product. Each capsule contains a minimum of 140 mg of EPA and 360 mg of DHA. This product receives a FIVE out of FIVE Star IFOS rating based on the following criteria:</p> <ul style="list-style-type: none">★ Omega-3 Concentration Consistent with Label – YES★ Passes IFOS Oxidation standards – YES★ Passes IFOS PCB, PCDD/F standards – YES★ Passes IFOS Heavy Metal standards – YES★ Passes all IFOS testing categories – YES
	
	
Batch/Lot #:	SB008953
Expiry Date:	06/2020
Recommended Daily Allowance:	USA: Adults take one soft gel once or twice daily at mealtime. Canada: Adults take 1 soft gel 2 times per day.
NPN#	80028860
Company Name:	J.R. Carlson Laboratories Inc.
Company Phone:	888-234-5656
Company Website:	http://www.carlsonlabs.com

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Category 1: Potency	Concentration	Batch Results	IFOS Compliance
EPA	140mg /softgel	177 mg /softgel	YES
DHA	360 mg /softgel	399 mg /softgel	YES
Total Omega-3	500 mg /softgel	628 mg /softgel	YES

Category 2: Purity, Safety & Cleanliness	Standard Limit	Batch Results	IFOS Compliance
PCBs	<= 45 ppb	0.129 ppb	YES
Dioxins and Furans	<= 1 ppt	0.229 ppt	YES
Dioxin-Like PCBs	<= 1.5 ppt	0.0355 ppt	YES

Category 3: Stability	Standard Limit	Batch Results	IFOS Compliance
Anisidine	<= 20	8	YES
Peroxide	<= 5 meq/kg	0.94 meq/kg	YES
TOTOX	<= 19.5	9.88	YES
Acid Value	<= 3 mg KOH/g	0.56 mg KOH/g	YES

Category 4: Heavy Metals	Standard Limit	Batch Results	IFOS Compliance
Mercury (Hg)	<= 0.1 ppm	< 0.005 ppm	YES
Lead (Pb)	<= 0.1 ppm	< 0.02 ppm	YES
Inorganic Arsenic (As)	<= 0.1 ppm	< 0.02 ppm	YES
Cadmium (Cd)	<= 0.1 ppm	< 0.01 ppm	YES

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