




# IFOS Product Report

<b>Product Name:</b>	Cod Liver Oil Gems Lightly Lemon
<b>Product Type:</b>	Natural Grade
<b>Product Availability:</b>	USA, Canada
<b>Product Summary:</b>	<p>Carlson Labs Cod Liver Oil Gems Lightly Lemon is a clean and naturally concentrated fish oil, containing purified omega-3 fatty acids EPA and DHA.</p> <p>This product receives a FIVE out of FIVE Star IFOS rating based on the following criteria:</p> <ul style="list-style-type: none"><li>★ Omega-3 Concentration Consistent with Label – YES</li><li>★ Passes IFOS Oxidation standards – YES</li><li>★ Passes IFOS PCB, PCDD/F standards – YES</li><li>★ Passes IFOS Heavy Metal standards – YES</li><li>★ Passes all IFOS testing categories – YES</li></ul>
	
	
<b>Batch/Lot #:</b>	170420
<b>Expiry Date:</b>	07/2021
<b>Recommended Daily Allowance:</b>	USA: Adults take one soft gel one to five times daily, at mealtime. Canada: Adults: Take 4 softgels once per day at mealtime
<b>NPN:</b>	80019557
<b>Company Name:</b>	J.R. Carlson Laboratories Inc.
<b>Company Phone:</b>	847-255-1600, 888-234-5656
<b>Company Website:</b>	<a href="http://www.carlsonlabs.com">http://www.carlsonlabs.com</a>

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Category 1: Potency	Concentration	Batch Results	IFOS Compliance
<b>EPA</b>	85 mg / softgel	85 mg / softgel	YES
<b>DHA</b>	100 mg / softgel	119 mg / softgel	YES
<b>Total Omega-3</b>	230 mg / softgel	258 mg / softgel	YES

Category 2: Purity, Safety & Cleanliness	Standard Limit	Batch Results	IFOS Compliance
<b>PCBs</b>	<= 45 ppb	10.8 ppb	YES
<b>Dioxins and Furans</b>	<= 1 ppt	0.434 ppt	YES
<b>Dioxin-Like PCBs</b>	<= 1.5 ppt	0.078 ppt	YES

Category 3: Stability	Standard Limit	Batch Results	IFOS Compliance
<b>Anisidine</b>	<= 20	4.1	YES
<b>Peroxide</b>	<= 5 meq/kg	2.30 meq/kg	YES
<b>TOTOX</b>	<= 19.5	8.7	YES
<b>Acid Value</b>	<= 3 mg KOH/g	0.16 mg KOH/g	YES

Category 4: Heavy Metals	Standard Limit	Batch Results	IFOS Compliance
<b>Mercury (Hg)</b>	<= 0.1 ppm	< 0.005 ppm	YES
<b>Lead (Pb)</b>	<= 0.1 ppm	< 0.02 ppm	YES
<b>Inorganic Arsenic (As)</b>	<= 0.1 ppm	< 0.05 ppm	YES
<b>Cadmium (Cd)</b>	<= 0.1 ppm	< 0.01 ppm	YES

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