




# IFOS Product Report

<b>Product Name:</b>	Ideal Omega
<b>Product Type:</b>	Ultra Refined
<b>Product Availability:</b>	USA
<p><b>Product Summary:</b></p>  <p>★★★★★</p>	<p>Barlean's Ideal Omega is a clean and highly concentrated omega-3 fish oil. Each 1250 mg softgel contains a minimum 60% omega-3 concentration as combined EPA and DHA. This product receives a FIVE out of FIVE Star IFOS rating based on the following criteria:</p> <ul style="list-style-type: none"> <li>★ Omega-3 Concentration Consistent with Label – YES</li> <li>★ Passes IFOS Oxidation standards – YES</li> <li>★ Passes IFOS PCB, PCDD/F standards – YES</li> <li>★ Passes IFOS Heavy Metal standards – YES</li> <li>★ Passes all IFOS testing categories – YES</li> </ul>
<b>Batch/Lot #:</b>	18002061
<b>Expiry Date:</b>	03/2021
<b>Recommended Daily Allowance:</b>	1 softgel
<b>Company Name:</b>	Barlean's
<b>Company Phone:</b>	1-800-445-3529
<b>Company Website:</b>	<a href="http://www.barleans.com">http://www.barleans.com</a>

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Category 1: Potency	Concentration	Batch Results	IFOS Compliance
<b>EPA</b>	750 mg/softgel	755 mg/softgel	YES
<b>DHA</b>	250 mg/softgel	262 mg/softgel	YES
<b>Total Omega-3</b>	1030 mg/softgel	1079mg/softgel	YES

Category 2: Purity, Safety & Cleanliness	Standard Limit	Batch Results	IFOS Compliance
<b>PCBs</b>	<= 45 ppb	20.9 ppb	YES
<b>Dioxins and Furans</b>	<= 1 ppt	0.306 ppt	YES
<b>Dioxin-Like PCBs</b>	<= 1.5 ppt	0.265 ppt	YES

Category 3: Stability	Standard Limit	Batch Results	IFOS Compliance
<b>Anisidine</b>	<= 20	1.60	YES
<b>Peroxide</b>	<= 5 meq/kg	1.4 meq/kg	YES
<b>TOTOX</b>	<= 19.5	4.40	YES
<b>Acid Value</b>	<= 3.0 mg KOH/g	0.36 mg KOH/g	YES

Category 4: Heavy Metals	Standard Limit	Batch Results	IFOS Compliance
<b>Mercury (Hg)</b>	<= 0.1 ppm	0.0174 ppm	YES
<b>Lead (Pb)</b>	<= 0.1 ppm	< 0.02 ppm	YES
<b>Total Arsenic (As)</b>	<= 0.1 ppm	< 0.05 ppm	YES
<b>Cadmium (Cd)</b>	<= 0.1 ppm	< 0.01 ppm	YES

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