





IFOS Product Report

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| Product Name: | Ideal Omega |
| Product Type: | Ultra Refined |
| Product Availability: | USA |
| Product Summary: | <p>Barlean's Ideal Omega is a clean and highly concentrated omega-3 fish oil. Each 1250 mg softgel contains a minimum 60% omega-3 concentration as combined EPA and DHA. This product receives a FIVE out of FIVE Star IFOS rating based on the following criteria:</p> <ul style="list-style-type: none">★ Omega-3 Concentration Consistent with Label – YES★ Passes IFOS Oxidation standards – YES★ Passes IFOS PCB, PCDD/F standards – YES★ Passes IFOS Heavy Metal standards – YES★ Passes all IFOS testing categories – YES |
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| Batch/Lot #: | 26-870 |
| Expiry Date: | 09/2019 |
| Recommended Daily Allowance: | 1 softgel |
| Company Name: | Barlean's |
| Company Phone: | 1-800-445-3529 |
| Company Website: | http://www.barleans.com |

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| Category 1: Potency | Concentration | Batch Results | IFOS Compliance |
|------------------------|-----------------|-----------------|-----------------|
| EPA | 750 mg/softgel | 777 mg/softgel | YES |
| DHA | 250 mg/softgel | 258 mg/softgel | YES |
| Total Omega-3 | 1030 mg/softgel | 1130 mg/softgel | YES |

| Category 2: Purity, Safety & Cleanliness | Standard Limit | Batch Results | IFOS Compliance |
|--|----------------|---------------|-----------------|
| PCBs | <= 45 ppb | 29.8 ppb | YES |
| Dioxins and Furans | <= 1 ppt | 0.330 ppt | YES |
| Dioxin-Like PCBs | <= 1.5 ppt | 1.5 ppt | YES |
| Radioactivity | <= 50 bq/kg | <10 bq/kg | YES |

| Category 3: Stability | Standard Limit | Batch Results | IFOS Compliance |
|--------------------------|----------------|---------------|-----------------|
| Anisidine | <20 | 0.48 | YES |
| Peroxide | < 5 meq/kg | 1.04 meq/kg | YES |
| TOTOX | < 19.5 | 2.56 | YES |
| Acid Value | < 3.0 mg KOH/g | 0.26 mg KOH/g | YES |

| Category 4: Heavy Metals | Standard Limit | Batch Results | IFOS Compliance |
|-------------------------------|----------------|---------------|-----------------|
| Mercury (Hg) | < 0.1 ppm | < 0.005 ppm | YES |
| Lead (Pb) | < 0.1 ppm | < 0.02 ppm | YES |
| Inorganic Arsenic (As) | < 0.1 ppm | < 0.05 ppm | YES |
| Cadmium (Cd) | < 0.1 ppm | < 0.01 ppm | YES |

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