



IFOS Product Report

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| Product Name: | Regula-3 Gold Capsules |
| Product Type: | Refined |
| Product Availability: | Turkey |
| Product Summary: | <p>Regula-3 Gold is a clean and highly concentrated fish oil, containing purified omega-3 fatty acids EPA and DHA. This product receives a FIVE out of FIVE Star IFOS rating based on the following criteria:</p> <ul style="list-style-type: none">★ Omega-3 Concentration Consistent with Label – YES★ Passes IFOS Oxidation standards – YES★ Passes IFOS PCB, PCDD/F standards – YES★ Passes IFOS Heavy Metal standards – YES★ Passes all IFOS testing categories – YES |
|  | |
| | ★★★★★ |
| Batch/Lot #: | 18070321 |
| Expiry Date: | 07/2021 |
| Recommended Daily Allowance: | 1 capsule per day |
| Company Name: | Assos Pharmaceuticals |
| Company Phone: | 0216 612 9191 |
| Company Website: | http://www.assospharma.com |

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| Category 1: Potency | Concentration | Batch Results | IFOS Compliance |
|------------------------|--------------------|--------------------|-----------------|
| EPA | 562.5 mg / capsule | 562.5 mg / capsule | YES |
| DHA | 437.5 mg / capsule | 437.5 mg / capsule | YES |
| Total Omega-3 | 1000 mg / capsule | 1045 mg / capsule | YES |

| Category 2: Purity, Safety & Cleanliness | Standard Limit | Batch Results | IFOS Compliance |
|--|----------------|---------------|-----------------|
| PCBs | < 45 ppb | 1.22 ppb | YES |
| Dioxins and Furans | < 1 ppt | 0.177 ppt | YES |
| Dioxin-Like PCBs | < 1.5 ppt | 0.051 ppt | YES |

| Category 3: Stability | Standard Limit | Batch Results | IFOS Compliance |
|--------------------------|----------------|---------------|-----------------|
| Anisidine | <20 | 11.3 | YES |
| Peroxide | < 5 mEq/kg | 2.48 meq/kg | YES |
| TOTOX | < 19.5 | 16.26 | YES |
| Acid Value | < 3.0 mg KOH/g | 1.2 mg KOH/g | YES |

| Category 4: Heavy Metals | Standard Limit | Batch Results | IFOS Compliance |
|-------------------------------|----------------|---------------|-----------------|
| Mercury (Hg) | < 0.1 ppm | < 0.005 ppm | YES |
| Lead (Pb) | < 0.1 ppm | < 0.02 ppm | YES |
| Inorganic Arsenic (As) | < 0.1 ppm | < 0.05 ppm | YES |
| Cadmium (Cd) | < 0.1 ppm | < 0.01 ppm | YES |

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