





# IFOS Product Report

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|--|---|
| <b>Product Name:</b>   | The Very Finest Fish Oil™, Lemon  |
| <b>Product Type:</b>   | Natural Grade   |
| <b>Product Availability:</b>   | USA, Canada   |
| <b>Product Summary:</b><br><br> | <p>J.R. Carlson Labs The Very Finest Fish Oil is a clean and naturally concentrated fish oil, containing purified omega-3 fatty acids EPA and DHA.</p> <p>This product receives a FIVE out of FIVE Star IFOS rating based on the following criteria:</p> <ul style="list-style-type: none"> <li>★ Omega-3 Concentration Consistent with Label – YES</li> <li>★ Passes IFOS Oxidation standards – YES</li> <li>★ Passes IFOS PCB, PCDD/F standards – YES</li> <li>★ Passes IFOS Heavy Metal standards – YES</li> <li>★ Passes all IFOS testing categories – YES</li> </ul> |
| <b>Batch/Lot #:</b>  | 1808045   |
| <b>Expiry Date:</b>  | 08/2021   |
| <b>Recommended Daily Allowance:</b>  | USA: Adults take 2 soft gels daily at mealtime.<br>Canada: Adults take 1 soft gel once per day at mealtime.   |
| <b>NPN:</b>  | 80013076  |
| <b>Company Name:</b>   | J.R. Carlson Laboratories Inc.  |
| <b>Company Phone:</b>  | 888-234-5656  |
| <b>Company Website:</b>  | <a href="http://www.carlsonlabs.com">http://www.carlsonlabs.com</a>   |

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| Category 1:<br>Potency | Concentration    | Batch Results    | IFOS Compliance |
|------------------------|------------------|------------------|-----------------|
| <b>EPA</b>             | 180 mg / softgel | 204 mg / softgel | YES             |
| <b>DHA</b>             | 120 mg / softgel | 140 mg / softgel | YES             |
| <b>Total Omega-3</b>   | 350 mg / softgel | 429 mg / softgel | YES             |

| Category 2:<br>Purity, Safety &<br>Cleanliness | Standard Limit | Batch Results | IFOS Compliance |
|--|----------------|---------------|-----------------|
| <b>PCBs</b>                                    | <= 45 ppb      | 0.664 ppb     | YES             |
| <b>Dioxins and Furans</b>                      | <= 1 ppt       | 0.541 ppt     | YES             |
| <b>Dioxin-Like PCBs</b>                        | <= 1.5 ppt     | 0.0113 ppt    | YES             |

| Category 3:<br>Stability | Standard Limit | Batch Results | IFOS Compliance |
|--------------------------|----------------|---------------|-----------------|
| <b>Anisidine</b>         | <= 20          | 9.6           | YES             |
| <b>Peroxide</b>          | <= 5 meq/kg    | 3.33 meq/kg   | YES             |
| <b>TOTOX</b>             | <= 19.5        | 16.26         | YES             |
| <b>Acid Value</b>        | <= 3 mg KOH/g  | 0.08 mg KOH/g | YES             |

| Category 4:<br>Heavy Metals | Standard Limit | Batch Results | IFOS Compliance |
|-----------------------------|----------------|---------------|-----------------|
| <b>Mercury (Hg)</b>         | <= 0.1 ppm     | < 0.05 ppm    | YES             |
| <b>Lead (Pb)</b>            | <= 0.1 ppm     | < 0.05 ppm    | YES             |
| <b>Total Arsenic (As)</b>   | <= 0.1 ppm     | < 0.05 ppm    | YES             |
| <b>Cadmium (Cd)</b>         | <= 0.1 ppm     | < 0.01 ppm    | YES             |

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