



IFOS Product Report

Product Name:	Health First kids'-first OMEGA Chewable Gelcaps
Product Type:	Kids Omega-3 EE Softgel
Product Availability:	Canada
<p>Product Summary:</p>  <p>★ ★ ★ ★ ★</p>	<p>Kids'-first OMEGA batch GO1873501 is a clean and highly concentrated omega-3 fish oil product. Each 250 mg capsule contains a minimum 50% omega-3 concentration as combined EPA and DHA, as well as gelatin, glycerin and natural mixed tocopherols. Each recommended daily serving contains a minimum of 150 mg of DHA.</p> <p>This product receives a FIVE out of FIVE Star IFOS rating based on the following criteria:</p> <ul style="list-style-type: none"> ★ Omega-3 Concentration Consistent with Label – YES ★ Passes IFOS Oxidation standards – YES ★ Passes IFOS PCB, PCDD/F standards – YES ★ Passes IFOS Heavy Metal standards – YES ★ Passes all IFOS testing categories – YES
Batch/Lot #:	GO1873501
Expiry Date:	02/2021
Recommended Daily Allowance:	Children 1-8: 2 gelcaps daily, Children 9-13: 4 gelcaps daily
Company Name:	Health First Network
Company Phone:	1-866-846-7447
Company Website:	www.healthfirst.ca

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Category 1: Potency	Concentration	Batch Results	IFOS Compliance
EPA	25 mg/softgel	38 mg / softgel	YES
DHA	100 mg/softgel	106 mg / softgel	YES
Total Omega-3	135 mg/softgel	151 mg / softgel	YES

Category 2: Purity, Safety & Cleanliness	Standard Limit	Batch Results	IFOS Compliance
PCBs	< 45 ppb	0.2 ppb	YES
Dioxins and Furans	< 1 ppt	0.3 ppt	YES
Dioxin-Like PCBs	< 1.5 ppt	0.01 ppt	YES

Category 3: Stability	Standard Limit	Batch Results	IFOS Compliance
Anisidine	<20	5	YES
Peroxide	< 5 meq/kg	0.4 meq/kg	YES
TOTOX	< 19.5	5.8	YES
Acid Value	< 3.0 mg KOH/g	1.7 mg KOH/g	YES

Category 4: Heavy Metals	Standard Limit	Batch Results	IFOS Compliance
Mercury (Hg)	< 0.1 ppm	<0.005 ppm	YES
Lead (Pb)	< 0.1 ppm	<0.02 ppm	YES
Inorganic Arsenic (As)	< 0.1 ppm	<0.05 ppm	YES
Cadmium (Cd)	< 0.1 ppm	< 0.01 ppm	YES

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