




IFOS Product Report

Product Name:	Omega-3 Ultimate
Product Type:	Ultra Refined
Product Availability:	USA
Product Summary	<p>Dr. Deepti Lifestyle Omega-3 Ultimate is a clean and highly concentrated omega-3 fish oil product. Each softgel contains a minimum 60% omega-3 concentration as combined EPA and DHA as well as gelatin, glycerin and natural tocopherols.</p> <p>This product receives a FIVE out of FIVE Star IFOS rating based on the following criteria:</p> <ul style="list-style-type: none">★ Omega-3 Concentration Consistent with Label - YES★ Passes IFOS Oxidation standards - YES★ Passes IFOS PCB, PCDD/F standards - YES★ Passes IFOS Heavy Metal standards - YES★ Passes all IFOS testing categories – YES
	
★★★★★	
Batch/Lot #:	1849709
Expiry Date:	09/2021
Recommended Daily Allowance:	3 softgels per day
Company Name:	Dr. Deepti Lifestyle
Company Phone:	772-228-8490
Company Website:	Lifestylebydrdeepti.com

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Category 1: Potency Omega-3 content vs. product label claim	Specification mg per softgel	Batch Results mg per softgel	IFOS Compliance
EPA	800	800	Yes
DHA	150	150	Yes
Total Omega-3	1000	1022	Yes

Category 2: Purity, Safety & Cleanliness	IFOS Standards	Batch Results	IFOS Compliance
PCBs	< 45 ppb	12.6 ppb	Yes
Dioxins and Furans	< 1 ppt	0.524 ppt	Yes
Dioxin-Like PCBs	< 1.5 ppt	0.0701 ppt	Yes

Category 3: Stability	IFOS Standards	Batch Results	IFOS Compliance
Acid Value	<= 3 KOH/g	0.35 KOH/g	Yes
Peroxide	<= 5 meq/kg	0.71 meq/kg	Yes
Anisidine	<= 20	10.58	Yes
Total Oxidation	<= 19.5	12	Yes

Category 4: Heavy Metals	IFOS Standards	Batch Results	IFOS Compliance
Mercury (Hg)	<= 0.1 ppm	0.0150	Yes
Cadmium (Cd)	<= 0.1 ppm	< 0.01	Yes
Lead (Pb)	<= 0.1 ppm	0.053	Yes
Total Arsenic (As)	<= 0.1 ppm	< 0.05	Yes

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