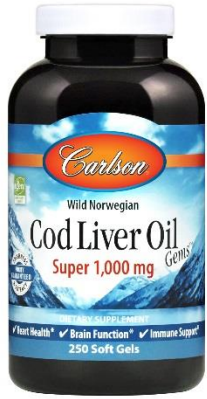





IFOS Product Report

Product Name:	Cod Liver Oil Gems™ Super 1,000
Product Type:	Natural Grade
Product Availability:	USA, Canada
Product Summary  	<p>J.R. Carlson Labs Super Cod Liver Oil Gems is a clean and highly concentrated omega-3 fish oil product, containing purified omega-3 fatty acids EPA and DHA.</p> <p>This product receives a FIVE out of FIVE Star IFOS rating based on the following criteria:</p> <ul style="list-style-type: none"> ★ Omega-3 Concentration Consistent with Label – YES ★ Passes IFOS Oxidation standards – YES ★ Passes IFOS PCB, PCDD/F standards – YES ★ Passes IFOS Heavy Metal standards – YES ★ Passes all IFOS testing categories – YES
Batch/Lot #:	1809036
Expiry Date:	08/2021
Recommended Daily Allowance:	US: Adult: Take 1 softgel twice daily at mealtime Canada: Adult: Take 2 softgels once per day at mealtime
NPN:	80031754
Company Name:	J.R. Carlson Laboratories Inc.
Company Phone:	888-234-5656
Company Website:	http://www.carlsonlabs.com

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IFOS Product Report

Category 1: Potency Omega-3 content vs. product label claim	Specification mg per softgel	Batch Results mg per softgel	IFOS Compliance
EPA	> 80	82.14	Yes
DHA	> 100	119.63	Yes
Total Omega-3	> 250 mg	258.05	Yes

Category 2: Purity, Safety & Cleanliness	IFOS Standards	Batch Results	IFOS Compliance
PCBs	< 45 ppb	8.27 ppb	Yes
Dioxins and Furans	< 1 ppt	0.156 ppt	Yes
Dioxin-Like PCBs	< 1.5 ppt	0.0575 ppt	Yes

Category 3: Stability	IFOS Standards	Batch Results	IFOS Compliance
Acid Value	<= 3 KOH/g	0.06	Yes
Peroxide	<= 5 meq/kg	2.52 meq/kg	Yes
Anisidine	<= 20	8.9	Yes
Total Oxidation	<= 19.5	13.94	Yes

Category 4: Heavy Metals	IFOS Standards	Batch Results	IFOS Compliance
Mercury (Hg)	<= 0.1 ppm	< 0.005	Yes
Cadmium (Cd)	<= 0.1 ppm	< 0.01	Yes
Lead (Pb)	<= 0.1 ppm	0.054	Yes
Total Arsenic (As)	<= 0.1 ppm	< 0.05	Yes

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