




IFOS Product Report

Product Name:	Premium Omega-3
Product Type:	Ultra Refined - EE Fish Oil
Product Availability:	USA
<p>Product Summary:</p>  <p>★★★★★</p>	<p>Premium Omega-3 is a clean and highly concentrated omega-3 fish oil product. Each softgel contains a minimum of 60% total omega-3 concentration including EPA and DHA, as well as d-alpha tocopherols, gelatin and glycerin.</p> <p>This product receives a FIVE out of FIVE Star IFOS rating based on the following criteria:</p> <ul style="list-style-type: none"> ★ Omega-3 Concentration Consistent with Label – YES ★ Passes IFOS Oxidation standards – YES ★ Passes IFOS PCB, PCDD/F standards – YES ★ Passes IFOS Heavy Metal standards – YES ★ Passes all IFOS testing categories – YES
Batch/Lot #:	34361100
Expiry Date:	10/2021
Recommended Daily Allowance:	2 softgels, twice daily, with a meal.
Company Name:	Beauty and Health Research, Inc.
Company Phone:	1-310-540-3120
Company Website:	https://bandh-r.org

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Category 1: Potency	Concentration	Batch Results	IFOS Compliance
EPA	300 mg / softgel	323 mg / softgel	YES
DHA	200 mg / softgel	229 mg / softgel	YES
Total Omega-3	600 mg / softgel	623 mg / softgel	YES

Category 2: Purity, Safety & Cleanliness	Standard Limit	Batch Results	IFOS Compliance
PCBs	< 45 ppb	40 ppb	YES
Dioxins and Furans	< 1 ppt	0.6 ppt	YES
Dioxin-Like PCBs	< 1.5 ppt	0.2 ppt	YES

Category 3: Stability	Standard Limit	Batch Results	IFOS Compliance
Anisidine	<20	8.1	YES
Peroxide	< 5 meq/kg	2.4 meq/kg	YES
TOTOX	< 19.5	12.9	YES
Acid Value	< 3.0 mg KOH/g	0.8 mg KOH/g	YES

Category 4: Heavy Metals	Standard Limit	Batch Results	IFOS Compliance
Mercury (Hg)	< 0.1 ppm	< 0.01 ppm	YES
Lead (Pb)	< 0.1 ppm	< 0.02 ppm	YES
Inorganic Arsenic (As)	< 0.1 ppm	< 0.05 ppm	YES
Cadmium (Cd)	< 0.1 ppm	< 0.01 ppm	YES

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