



Consumer Report

Product Name:	Omega-3 Fish Oil Supplement
Product Type:	Ultra-Refined - EE Capsules
Product Availability:	USA
Product Summary:  	<p>Life's Abundance Omega-3 is a clean and highly concentrated Omega-3 fish oil product. Each 1000mg capsule contains a minimum of 60% Omega-3 concentration as combined EPA and DHA. Includes mixed tocopherols and natural Astaxanthin, sources of antioxidants, as well as Sesamin. Features natural orange and lime flavors.</p> <p>This product receives a FIVE out of FIVE Star IFOS rating based on the following criteria:</p> <ul style="list-style-type: none"> ★ Omega-3 Concentration Consistent with Label – YES ★ Passes IFOS Oxidation standards – YES ★ Passes IFOS PCB, PCDD/F standards – YES ★ Passes IFOS Heavy Metal standards – YES ★ Passes all IFOS testing categories – YES
Batch/Lot #:	21610127A
Expiry Date	10/2019
Recommended Daily Allowance:	4 Capsules
Company Name:	Life's Abundance
Company Phone:	Toll Free USA 1-877-387-4564
Company Website:	

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Category 1: Potency Omega-3 content vs. product label claim	Concentration	Batch Results	IFOS Compliance
EPA	400 mg/softgel	432 mg/softgel	YES
DHA	200 mg/softgel	211 mg/softgel	YES
TOTAL OMEGA-3	600 mg/softgel	721 mg/softgel	YES

Category 2: Purity, Safety & Cleanliness	Standard Limit	Batch Results	IFOS Compliance
PCBs	< 45 ppb	2 ppb	YES
Dioxins and Furans	< 1.0 ppt	0.2 ppt	YES
Dioxin-Like PCBs	< 1.50 ppt	0.01 ppt	YES

Category 3: Stability	Standard Limit	Batch Results	IFOS Compliance
Anisidine	<20.0	10.6	YES
Peroxide	< 5.0 mEq/kg	2.3 meq/kg	YES
TOTOX	< 19.5	15.2	YES
Acid Value	< 3.0 mg KOH/g	1.6 mg KOH/g	YES

Category 4: Heavy Metals	Standard Limit	Batch Results	IFOS Compliance
Mercury (Hg)	< 0.1 ppm	<0.01 ppm	YES
Lead (Pb)	< 0.1 ppm	<0.02 ppm	YES
Total Arsenic (As)	< 0.1 ppm	<0.04 ppm	YES
Cadmium (Cd)	< 0.1 ppm	<0.01 ppm	YES

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