



IFOS Product Report

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| Product Name: | Liquid OmegEssential Forte |
| Product Type: | Combination Omega-3 - Fish oil liquid |
| Product Availability: | Canada |
| Product Summary:   | <p>IFOS Certified Inside: The fish oil contained in this product was IFOS tested.</p> <p>OmegEssential Forte is a clean and highly concentrated omega-3 fish oil product. Each teaspoon contains a minimum of 2550 mg omega-3 concentration as combined EPA and DHA, as well as natural tocopherols, almond oil, olive oil, green tea extract, grape seed oil, lemon oil, natural flavor and stevia. This product receives a FIVE out of FIVE Star IFOS rating based on the following criteria:</p> <ul style="list-style-type: none"> ★ Omega-3 Concentration Consistent with Label – YES ★ Passes IFOS Oxidation standards – YES ★ Passes IFOS PCB, PCDD/F standards – YES ★ Passes IFOS Heavy Metal standards – YES ★ Passes all IFOS testing categories – YES |
| Batch/Lot #: | 19029161 |
| Expiry Date: | 01/2021 |
| Recommended Daily Allowance: | 1 teaspoon daily with food. |
| Regulatory Approvals: | NPN 80032016 |
| Company Name: | Progressive Nutritional Therapies |
| Company Phone: | 1.888.788.3396 |
| Company Website: | www.progressivenutritional.com |

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| Category 1: Potency | Concentration | Batch Results | IFOS Compliance |
|------------------------|-------------------|-------------------|-----------------|
| EPA | 1700 mg /teaspoon | 1901 mg /teaspoon | YES |
| DHA | 850 mg /teaspoon | 938 mg /teaspoon | YES |
| Total Omega-3 | 2634 mg /teaspoon | 3108 mg /teaspoon | YES |
| ALA | 4 mg /teaspoon | 9 mg /teaspoon | YES |

| Category 2: Purity, Safety & Cleanliness | Standard Limit | Batch Results | IFOS Compliance |
|--|----------------|---------------|-----------------|
| PCBs | < 45 ppb | 3.4 ppb | YES |
| Dioxins and Furans | < 1 ppt | 0.2 ppt | YES |
| Dioxin-Like PCBs | < 1.5 ppt | 0.06 ppt | YES |

| Category 3: Stability | Standard Limit | Batch Results | IFOS Compliance |
|--------------------------|----------------|---------------|-----------------|
| Anisidine | <20 | 2 | YES |
| Peroxide | < 5 meq/kg | 0.3 meq/kg | YES |
| TOTOX | < 19.5 | 2.6 | YES |
| Acid Value | < 3.0 mg KOH/g | 0.6 mg KOH/g | YES |

| Category 4: Heavy Metals | Standard Limit | Batch Results | IFOS Compliance |
|-------------------------------|----------------|---------------|-----------------|
| Mercury (Hg) | < 0.1 ppm | < 0.005 ppm | YES |
| Lead (Pb) | < 0.1 ppm | < 0.02 ppm | YES |
| Inorganic Arsenic (As) | < 0.1 ppm | < 0.05 ppm | YES |
| Cadmium (Cd) | < 0.1 ppm | < 0.01 ppm | YES |

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