



# IFOS Product Report

<b>Product Name:</b>	OmegEssential High Potency Fish Oil + D
<b>Product Type:</b>	Combination Omega-3 - Fish oil softgel
<b>Product Availability:</b>	Canada and USA
<p><b>Product Summary:</b></p>  <p>★★★★★</p>	<p>IFOS Certified Inside:</p> <p><b>The fish oil contained in this product was IFOS tested.</b></p> <p>OmegEssential High Potency Fish Oil + D is a clean and highly concentrated omega-3 fish oil product. Each softgel contains a minimum of 388 mg omega-3 concentration as combined EPA and DHA, as well as vitamin D3, natural tocopherols, almond oil, olive oil, green tea extract, grape seed oil, gelatin, glycerin, lemon oil, natural flavor and stevia.</p> <p>This product receives a FIVE out of FIVE Star IFOS rating based on the following criteria:</p> <ul style="list-style-type: none"> <li>★ Omega-3 Concentration Consistent with Label – YES</li> <li>★ Passes IFOS Oxidation standards – YES</li> <li>★ Passes IFOS PCB, PCDD/F standards – YES</li> <li>★ Passes IFOS Heavy Metal standards – YES</li> <li>★ Passes all IFOS testing categories - YES</li> </ul>
<b>Batch/Lot #:</b>	1821283
<b>Expiry Date:</b>	11/2020
<b>Recommended Daily Allowance:</b>	2 softgels with breakfast, 2 with dinner for a total of 4 softgels per day
<b>Company Name:</b>	Progressive Nutritional Therapies & Proventive Nutritional Therapies
<b>Company Phone:</b>	1.888.788.3396
<b>Company Website:</b>	www.progressivenutritional.com & www.proventivenutritional.com

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Category 1: Potency	Concentration	Batch Results	IFOS Compliance
<b>EPA</b>	250 mg / softgel	290 mg / softgel	YES
<b>DHA</b>	138 mg / softgel	166 mg / softgel	YES
<b>Total Omega-3</b>	433 mg / softgel	524 mg / softgel	YES
<b>ALA</b>	5.3 mg/softgel	5.5 mg / softgel	YES
<b>Vitamin D3</b>	250 IU /softgel	353 IU / softgel	YES

Category 2: Purity, Safety & Cleanliness	Standard Limit	Batch Results	IFOS Compliance
<b>PCBs</b>	< 45 ppb	20 ppb	YES
<b>Dioxins and Furans</b>	< 1 ppt	0.6 ppt	YES
<b>Dioxin-Like PCBs</b>	< 1.5 ppt	0.07 ppt	YES

Category 3: Stability	Standard Limit	Batch Results	IFOS Compliance
<b>Anisidine</b>	<20	7.1	YES
<b>Peroxide</b>	< 5 meq/kg	0.7 meq/kg	YES
<b>TOTOX</b>	< 19.5	8.4	YES
<b>Acid Value</b>	< 3.0 mg KOH/g	0.3 mg KOH/g	YES

Category 4: Heavy Metals	Standard Limit	Batch Results	IFOS Compliance
<b>Mercury (Hg)</b>	< 0.1 ppm	<0.01 ppm	YES
<b>Lead (Pb)</b>	< 0.1 ppm	<0.01 ppm	YES
<b>Inorganic Arsenic (As)</b>	< 0.1 ppm	<0.026 ppm	YES
<b>Cadmium (Cd)</b>	< 0.1 ppm	<0.007 ppm	YES

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