




# IFOS Product Report

<b>Product Name:</b>	Omega First Plus D3
<b>Product Type:</b>	Natural Grade – Liquid TG Fish Oil
<b>Product Availability:</b>	Canada
<b>Product Summary:</b>  	<p>IFOS Certified Inside: The fish oil contained in this product was IFOS tested.</p> <p>Omega First Plus D3 with Cran-Mango flavour is a liquid fish oil omega-3 natural grade product which includes EPA and DHA. This product receives a FIVE out of FIVE Star IFOS rating based on the following criteria:</p> <ul style="list-style-type: none"> <li>★ Omega-3 Concentration Consistent with Label – YES</li> <li>★ Passes IFOS Oxidation standards – YES</li> <li>★ Passes IFOS PCB, PCDD/F standards – YES</li> <li>★ Passes IFOS Heavy Metal standards – YES</li> <li>★ Passes all IFOS testing categories – YES</li> </ul>
<b>Batch/Lot #:</b>	17B6901
<b>Expiry Date:</b>	09/2019
<b>Recommended Daily Allowance:</b>	Adult: Take 1 to 2 Teaspoon per day. Children and Adolescents (1-18year): Take 1 teaspoon per day.
<b>Company Name:</b>	Health First Network
<b>Company Phone:</b>	Toll Free 1-866-846-7447
<b>Company Website:</b>	<a href="http://www.healthfirst.ca">www.healthfirst.ca</a>

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Category 1: Potency	Concentration	Batch Results	IFOS Compliance
EPA	760 mg / 5 mL	760 mg / 5 mL	YES
DHA	505 mg / 5 mL	529 mg / 5 mL	YES
Vitamin D3	400 IU / 5mL	405 mg / 5 mL	YES

Category 2: Purity, Safety & Cleanliness	Standard Limit	Batch Results	IFOS Compliance
PCBs	< 45 ppb	0.8 ppb	YES
Dioxins and Furans	< 1 ppt	0.9 ppt	YES
Dioxin-Like PCBs	< 1.5 ppt	0.01 ppt	YES

Category 3: Stability	Standard Limit	Batch Results	IFOS Compliance
Anisidine	<20	10.41	YES
Peroxide	< 5 meq/kg	0.00 meq/kg	YES
TOTOX	< 19.5	10.41	YES
Acid Value	< 3.0 mg KOH/g	0.09 mg KOH/g	YES

Category 4: Heavy Metals	Standard Limit	Batch Results	IFOS Compliance
Mercury (Hg)	< 0.1 ppm	<0.01 ppm	YES
Lead (Pb)	< 0.1 ppm	<0.02 ppm	YES
Inorganic Arsenic (As)	< 0.1 ppm	<0.02 ppm	YES
Cadmium (Cd)	< 0.1 ppm	<0.01 ppm	YES

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