



# Consumer Report

<b>Product Name:</b>	OmegEssential Jewels
<b>Product Type:</b>	Combination Omega-3 - Fish oil softgel
<b>Product Availability:</b>	Canada
<b>Product Summary:</b> 	<p>IFOS Certified Inside: The fish oil contained in this product was IFOS tested.</p> <p>OmegEssential Jewels Fish Oil is a clean and highly concentrated omega-3 fish oil product. Each softgel contains a minimum of 440 mg Omega-3 concentration as combined EPA and DHA, as well as mixed tocopherols, almond oil, olive oil, green tea extract, grape seed oil, lemon oil, gelatin and glycerin.</p> <p>This product receives a FIVE out of FIVE Star IFOS rating based on the following criteria:</p> <ul style="list-style-type: none"> <li>★ Omega-3 Concentration Consistent with Label – YES</li> <li>★ Passes IFOS Oxidation standards – YES</li> <li>★ Passes IFOS PCB, PCDD/F standards – YES</li> <li>★ Passes IFOS Heavy Metal standards – YES</li> <li>★ Passes all IFOS testing categories – YES</li> </ul>
<b>Batch/Lot #:</b>	1720303, 1719079
<b>Expiry Date</b>	06/2019
<b>Recommended Daily Allowance:</b>	2 softgels with breakfast and 2 softgels with dinner
<b>Company Name:</b>	Progressive Nutritional Therapies
<b>Company Phone:</b>	1.888.788.3396
<b>Company Website:</b>	<a href="http://www.progressivenutritional.com">www.progressivenutritional.com</a>

The IFOS™ Program is provided exclusively by Nutrasource Diagnostics Inc.

120 Research Lane, Suite 203 | University of Guelph Research Park | Guelph, ON CANADA N1G 0B4

[www.ifosprogram.com](http://www.ifosprogram.com) | [ifos@nutrasource.ca](mailto:ifos@nutrasource.ca)





# Consumer Report

<b>Category 1: Potency</b> Omega-3 content vs. product label claim	<b>Concentration</b>	<b>Batch Results</b>	<b>IFOS Compliance</b>
<b>EPA</b>	315 mg/softgel	328 mg/softgel	YES
<b>DHA</b>	125 mg/softgel	131 mg/softgel	YES
<b>TOTAL OMEGA-3</b>	504 mg/softgel	529 mg/softgel	YES

<b>Category 2: Purity, Safety &amp; Cleanliness</b>	<b>Standard Limit</b>	<b>Batch Results</b>	<b>IFOS Compliance</b>
<b>PCBs</b>	< 45 ppb	1.6 ppb	YES
<b>Dioxins and Furans</b>	< 1 ppt	0.2 ppt	YES
<b>Dioxin-Like PCBs</b>	< 1.5 ppt	0.2 ppt	YES

<b>Category 3: Stability</b>	<b>Standard Limit</b>	<b>Batch Results</b>	<b>IFOS Compliance</b>
<b>Anisidine</b>	<20	5.2	YES
<b>Peroxide</b>	< 5 mEq/kg	0.1 meq/kg	YES
<b>TOTOX</b>	< 19.5	5.4	YES
<b>Acid Value</b>	< 3.0 mg KOH/g	0.18 mg KOH/g	YES

<b>Category 4: Heavy Metals</b>	<b>Standard Limit</b>	<b>Batch Results</b>	<b>IFOS Compliance</b>
<b>Mercury (Hg)</b>	< 0.1 ppm	<0.009 ppm	YES
<b>Lead (Pb)</b>	< 0.1 ppm	<0.012 ppm	YES
<b>Total Arsenic (As)</b>	< 0.1 ppm	<0.022 ppm	YES
<b>Cadmium (Cd)</b>	< 0.1 ppm	<0.006 ppm	YES

The IFOS™ Program is provided exclusively by Nutrasource Diagnostics Inc.

120 Research Lane, Suite 203 | University of Guelph Research Park | Guelph, ON CANADA N1G 0B4

[www.ifosprogram.com](http://www.ifosprogram.com) | [ifos@nutrasource.ca](mailto:ifos@nutrasource.ca)

