



Consumer Report

Product Name:	OmegEssential Forte
Product Type:	Combination Omega-3 - Fish oil softgel
Product Availability:	Canada
Product Summary:  	<p>IFOS Certified Inside: The fish oil contained in this product was IFOS tested.</p> <p>OmegEssential Forte is a clean and highly concentrated omega-3 fish oil product. Each softgel contains a minimum of 600 mg omega-3 concentration as combined EPA and DHA, as well as natural tocopherols, almond oil, olive oil, green tea extract, grape seed oil, gelatin, glycerin, lemon oil and natural flavor.</p> <p>This product receives a FIVE out of FIVE Star IFOS rating based on the following criteria:</p> <ul style="list-style-type: none"> ★ Omega-3 Concentration Consistent with Label – YES ★ Passes IFOS Oxidation standards – YES ★ Passes IFOS PCB, PCDD/F standards – YES ★ Passes IFOS Heavy Metal standards – YES ★ Passes all IFOS testing categories – YES
Batch/Lot #:	1714711, 1612097, 1610788
Expiry Date	04/2019
Recommended Daily Allowance:	2 softgels with breakfast, 2 with dinner for a total of 4 softgels per day
Company Name:	Progressive Nutritional Therapies
Company Phone:	1.888.788.3396
Company Website:	www.progressivenutritional.com

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Category 1: Potency Omega-3 content vs. product label claim	Concentration	Batch Results	IFOS Compliance
EPA	400 mg/softgel	489 mg/softgel	YES
DHA	200 mg/softgel	257 mg/softgel	YES
TOTAL OMEGA-3	621 mg/softgel	833 mg/softgel	YES
ALA	1 mg/softgel	2 mg/softgel	YES

Category 2: Purity, Safety & Cleanliness	Standard Limit	Batch Results	IFOS Compliance
PCBs	< 45 ppb	38 ppb	YES
Dioxins and Furans	< 1 ppt	0.37 ppt	YES
Dioxin-Like PCBs	< 1.5 ppt	0.35 ppt	YES

Category 3: Stability	Standard Limit	Batch Results	IFOS Compliance
Anisidine	<20	8.5	YES
Peroxide	< 5 mEq/kg	1.1 meq/kg	YES
TOTOX	< 19.5	10.7	YES
Acid Value	< 3.0 mg KOH/g	0.57 mg KOH/g	YES

Category 4: Heavy Metals	Standard Limit	Batch Results	IFOS Compliance
Mercury (Hg)	< 0.1 ppm	<0.01 ppm	YES
Lead (Pb)	< 0.1 ppm	<0.01 ppm	YES
Total Arsenic (As)	< 0.1 ppm	<0.03 ppm	YES
Cadmium (Cd)	< 0.1 ppm	<0.007 ppm	YES

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