



Consumer Report

Product Name:	Liquid OmegEssential High Potency Fish Oil + D
Product Type:	Combination Omega-3 - Fish oil liquid
Product Availability:	Canada
Product Summary:	<p>IFOS Certified Inside: The fish oil contained in this product was IFOS tested.</p> <p>OmegEssential High Potency Fish Oil + D is a clean and highly concentrated omega-3 fish oil product. Each teaspoon contains a minimum of 1550 mg omega-3 concentration as combined EPA and DHA, as well as vitamin D3, natural tocopherols, almond oil, olive oil, green tea extract, grape seed oil, lemon oil, natural flavor and stevia.</p> <p>This product receives a FIVE out of FIVE Star IFOS rating based on the following criteria:</p> <ul style="list-style-type: none"> ★ Omega-3 Concentration Consistent with Label – YES ★ Passes IFOS Oxidation standards – YES ★ Passes IFOS PCB, PCDD/F standards – YES ★ Passes IFOS Heavy Metal standards – YES ★ Passes all IFOS testing categories – YES
Batch/Lot #:	16117161
Expiry Date	04/2019
Recommended Daily Allowance:	1 teaspoon daily with food
Regulatory Approvals:	NPN 80034861
Company Name:	Progressive Nutritional Therapies
Company Phone:	1.888.788.3396
Company Website:	www.progressivenutritional.com

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Category 1: Potency Omega-3 content vs. product label claim	Concentration	Batch Results	IFOS Compliance
EPA	1000 mg/teaspoon	1175 mg/teaspoon	YES
DHA	550 mg/teaspoon	677 mg/teaspoon	YES
TOTAL OMEGA-3	1730 mg/teaspoon	2159 mg/teaspoon	YES
ALA	21 mg/teaspoon	26 mg/teaspoon	YES
Vitamin D3	1000 IU/teaspoon	1100 IU/teaspoon	YES

Category 2: Purity, Safety & Cleanliness	Standard Limit	Batch Results	IFOS Compliance
PCBs	< 45 ppb	15 ppb	YES
Dioxins and Furans	< 1 ppt	0.4 ppt	YES
Dioxin-Like PCBs	< 1.5 ppt	0.14 ppt	YES

Category 3: Stability	Standard Limit	Batch Results	IFOS Compliance
Anisidine	<20.00	11.27	YES
Peroxide	< 5.00 mEq/kg	0.93 meq/kg	YES
TOTOX	< 19.5	13.1	YES
Acid Value	< 3.0 mg KOH/g	0.23 mg KOH/g	YES

Category 4: Heavy Metals	Standard Limit	Batch Results	IFOS Compliance
Mercury (Hg)	< 0.1 ppm	<0.005 ppm	YES
Lead (Pb)	< 0.1 ppm	<0.02 ppm	YES
Total Arsenic (As)	< 0.1 ppm	<0.05 ppm	YES
Cadmium (Cd)	< 0.1 ppm	<0.01 ppm	YES

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